

mihimiki



Hikohiko ana te uira ka rarapa i te rangi, Papā ana te whaititiri ki runga i ngā parikārangaranga o Te Ao Māori, Oioi ana te whenua, auē he parekura! Kāre i ārikaika te mahi a aiuā ki a tātou te iwi Māori! Ka atarua, ka matawaiā, ka rū ko te manawa, Ki te hunga kua huri kanoahi atu, kua huri tuara mai, Waihape mai ana ki a tātou te tirohanga kanoahi, Tēnā tātou katoa, Tihēi Kahungunu!

Over the past month Ruamoko has wrestled and rumbled and exclaimed his wrath in Te Waipounamu, cracking furiously and scarring Papatūānuku and many of our people. Many of our whānau have also felt the tremors and wounds of the heart as we have buried so many of our loved ones literally by the dozens over the last two months. For some, a continued battle with the flu and other common infections has kept us away from our usual day to day activities. Now more than ever, we need to assess our wellness and look at what we are doing to look after ourselves, each other and our world. Amid the doom and gloom, spring is certainly in the air and this edition brings with it, new and old ideas about living and living well. We say good bye to the old and hello to the new and we excite in the success of our Kahungunu whānau.

Kia kaha rā tā tātou tiaki i a tātou anō, whakakauparetia auā ngā whiu o te wā e noho āhuru mai ai tātou katoa i roto i ē tātou marae kāinga maha. Kia piki te kaha, te ora me te māramatanga.

Hei konā mai i roto i ngā mihi o te wā me ngā tauhirowhirotanga o te wāhi ngaro, Kia tau te mauri, Tūrou hawaiki!

Nāku, *These pictures were taken at the Ngāti Kahungunu Iwi Incorporated Board meeting held in Wairoa on the 3rd September 2010.*

Nā Ngāhiwi Tomoana
Chairman



Owen Purcell with Methamphetamine presenters, Kevin Tamati and Dennis O'Reilly. Wairoa Staff and Board members Miriama Hammond, Pita Robinson, Edd Te Kahika, Rill Meihana and Danika Goldsmith (standing)



Wairoa whānau, Naina Buxton, Wawi Watene and Lil Huata. Rongoa presenters: (standing) Leigh Hikwai and Ruiha Stirling, (seated) Te Maari Joe and Kurawari Panera

new director - pouarataki o te reo ōna tikanga me te mātauranga

Ngāti Kahungunu Iwi Incorporated is pleased to announce the appointment of Jeremy Tātere MacLeod to the position of Director - Pouarataki o Te Reo ōna Tikanga me te Mātauranga.

The Director - Pouarataki of Te Reo ōna Tikanga me te Mātauranga is a permanent position in the Ngāti Kahungunu Iwi Incorporated office.

Jeremy will be responsible for managing and further progressing the Ngāti Kahungunu Iwi Incorporated Te Reo Māori Strategy which incorporates the safeguarding and protection of Kahungunutanga through the implementation of the Strategic Plan for the Revitalisation of Te Reo Māori o Ngāti Kahungunu 2006-2027 and the development of cultural and educational activities that enhance the wellbeing of Ngāti Kahungunu whānau, hapū, iwi.

Jeremy is of Ngāti Kurukuru (Ngāti Kahungunu ki Waimārama), Ngāti Rangiwewehi (Te Arawa ki Te Awahou), Ngāti Uenukukōpako (Te Arawa ki Ruamata), Ngā Māhanga (Taranaki ki Puniho), Ngāti Huataki (Rangitāne ki Te Wairau), Ngāti Taikihiku (Ngāti Raukawa te Au ki te Tonga ki Koputaroa), Ngāti Kuri (Ngāti Tahu ki Kaikoura), and Puketapu (Te Ati Awa ki Waiharakeke) descent. Jeremy was born and raised in Brisbane Australia. At 18yrs of age he decided to come to Hawke's Bay to live with his grandmother, Ruma McDonald. During this time Jeremy learned more about his whānau in Waimārama where he now dedicates much of his time. Jeremy came to Aotearoa with the sole intent to begin studies at Te Manga Māori, the Eastern Institute of Technology (EIT) Hawke's Bay where he achieved a Bachelor of Arts (Māori) Honours degree. During this time Jeremy was selected to travel to Tomakomai, Japan to study the indigenous Ainu and their language rejuvenation structures. Last year Jeremy accomplished extensive studies at Te Wānanga o Aotearoa: Te Panekiritanga o Te Reo (Institute of Excellence in Māori Language) lectured by Professors Timoti Kāretu, Te Wharehuia Milroy and Pou Tāmara.

We are pleased that Jeremy has accepted this great opportunity and we believe his experience and knowledge will add great value and support to the iwi.

"Ka pū te ruha, ka hao te rangatahi! Ka nui te mihi atu ki tēnei tamaiti kua riro nei i a ia tēnei tūrangā motuhake. Waiho mā te rīnga kakama pēnei i a Tātere, tātau e arahi whakamaui i roto i te pakanga nui ki te whakapūmau anō i tō tātau reo Māori me ōna tikanga, ā, ki te whakarite he huarahi e eke ai tō tātau iwi ki ngā taumata teitei o te mātauranga. Heoi anō, kia maumahara anō tātau ki tērā kōrero tuku iho a kui mā, a koro mā - ko te amorangi ki mua, ko te hāpai-ō ki muri. E kore hoki e tutuki katoa i a Tātere me tana kotahi ō tātau wawata mo te reo Māori me te mātauranga ki te kore tātau katoa e tautoko i a ia i roto i ngā mahi nei."

Interview Panel for the Director of Te Reo ōna Tikanga me te Mātauranga
Dr Joseph Te Rito (Independent)
Āwhina Waaka (Independent)
Meka Whaitiri (Chief Executive)



Jeremy Tātere MacLeod

profiling our kahungunu people

Tata Wairukuruku Maere was one of five esteemed kaumātua awarded the Ngā Tohu a Tā Kingi Ihaka Award at the Te Waka Toi Awards held in Wellington on the 28th August. Her award was in recognition of her lifetime contribution to the maintenance and continuity of Toi Māori.

Ngāti Kahungunu Iwi Incorporated is pleased to acknowledge Tata Maere for her achievement and for the work she continues to do in our community.

Tata Wairukuruku Maere is of Ngāti Naho, Ngāti Mahuta o Tainui, Waikato, Ngāti Poporo, Kahungunu descent. She is affectionately known in her community at Bridge Pa, Hawke's Bay as 'Nanny Tata' or 'Mother Maere', a wonderful woman with attributes that reflect her lovely nature. Throughout the years she has voluntarily given her time to the people of her community and continues to help everyone regardless of their background or nationality.

Tata's passion for Māori culture was fostered at Queen Victoria College. She recalls auditioning for the school Kapa Haka group and never knowing why she didn't make the cut. Much later in life Tata judged the inaugural 1980 Te Matatini National Kapa Haka Competitions and asked one of her school Kapa Haka mentors there why she had missed out all those years ago, only to be told that she was considered 'uncoordinated'.

At 91years of age Tata is pleased to say that she didn't take long to get coordinated after her school days and went on to become a very successful professional entertainer in the music industry. Her Te Arohānui Kapa Haka Group performed in Hawaii in 1963 (and again in 1993) and toured the USA where, Tata recounts excitedly, "We even performed at the Hollywood Bowl in Los Angeles." She still enjoys music and participates at community events and entertaining in the Old People's Homes with her ukelele ensemble.

A passionate advocate for Māori cultural awareness and excellence, Tata continues to astound. In 2008 she was part of the 2000 strong powhiri for the inaugural Takitimu Festival in Hawkes Bay and last year she welcomed the Prime Minister to Waipatu Marae during his visit to Kahungunu. She is also a Justice of the Peace; the Kiaia for Hawke's Bay Prison, Hawke's Bay District Health Board, and often represents Ngāti Kahungunu Iwi Incorporated and Te Taiwhenua o Heretaunga at events.

Tata continues to work and is employed at Central Health Limited and on her off days she is the Kaumatua on air at Radio Kahungunu.

Cultural identity is paramount and is the soul of the iwi. Retention of our cultural identity is a strategic priority for Ngāti Kahungunu Iwi Incorporated. We are pleased to support this acknowledgement of Nanny Tata Maere.



honoraria ropiha

Ko Te Awaputahi te maunga
Ko Taurekaitai te awa
Ko Rongomaraeroa te marae
Ko Ngāti Kere te hapū
Ko Takitimu te waka
Ko Ngāti Kahungunu te iwi
Ko Honoraria Ropiha tōku ingoa



Honoraria Ropiha

Born and raised in Hawke's Bay, 39 year old Honoraria Ropiha is the youngest of 5 daughters to the lovely Ka Ropiha (nee Kahukura) from Whakaki, and the late Puck (Puhī) Ropiha, who was raised in Porangahau. Honoraria has a teenage daughter named Seattle and after moving away from Hawke's Bay in 1990, she returned home with her daughter in 2003 and presently lives in Napier, Hawke's Bay.

Honoraria lives life to the fullest. Her hobbies include keeping fit, going to the gym, running long distance and waka ama. In the summer she likes to go to the beach and she often goes hiking. Her interests involve the study of human behaviour, animal welfare, natural medicine and she's always exploring ways to improve and encourage healthy living. She has a growing interest in public health law and is very keen to help all people be well.

Earlier this year Honoraria decided that she wanted a challenge and she set a goal to win a national title. Unsure of what she wanted to do, she tried body shaping and 28 weeks out from the Regional National Amateur Body Building Association (NABBA) Competition, she became more and more determined. She disciplined herself with set routines, an impressive march on and a physique that blew the judges away. She went on to win the Regional NABBA Competition qualifying her for the National Competitions being held this month where she will go up with other talented people and achieve her goal to win the National title.

Honoraria has worked in the Hawke's Bay community for quite sometime now. She spent a few years at Sport Hawkes Bay where she ran the Green Prescription programme and she was also a group fitness instructor. Later she moved to Te Kupenga Hauora and worked as a Nutritional Coordinator and the Healthy Lifestyle coach, and the Suicide Prevention Coordinator.

Honoraria has studied at EIT where she received a Sport and Recreation Degree, a Post graduate certificate for Cognitive Behaviour therapy and this year Honoraria completed her post Graduate Diploma in Public Health.



Ngāti Kahungunu Iwi
INCORPORATED

HOEEA RĀ
Iwi Newsletter October 2010

On 3rd September 2010, Board member Owen Purcell presented 'Haki o Parahi' songs written by the 5th year students of the 5th year Tobacco Free Certificate for removing tobacco from his shop in support of healthy living. Also pictured are some of the staff and students of the 5th year: Toby Hema-Taylor, Jans Hema-Taylor and The Rowi.

Ngāti Kahungunu Iwi
INCORPORATED

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kahungunu ki murilwika 'like father like son'

If you look on the Touch Southland Website you're sure to see 17 year old Hapimana Tohiariki with his dad Wi-Richard Tohiariki on the Roll of Honour. Like his father, Hapimana has been chosen to represent New Zealand and wear the silver fern on the touch field. Last month, Wi-Richard Tohiariki represented New Zealand in the over 40's team at the Masters Trans-Tasman touch tournament in Townsville, Australia. Hapimana was also named in the New Zealand under-19 men's team to compete in the youth Trans-Tasman series in Canberra. It's really good to see a son following so closely in his father's footsteps. This is what whānau ora is all about. Congratulations to you both. Kamau te wehi!

toni huata 'whiti' a celebration of life! The journey of life where each song connects truthfully to its kaupapa and thus to the depth of one's soul!

Hailing from Heretaunga in Hawke's Bay, renowned singer and song writer Toni Huata, says she was surrounded by a diverse array of influences as a child, including the Anglican Church choir, tap dancing, musical theatre and Māori cultural performance. She affiliates to Ngāti Kahungunu and Rongowhakaata iwi, and is also of Lebanese, German, Scandinavian and Irish descent. It is our pleasure to profile Toni in our iwi newsletter this month. Her music reflects her deep spiritual roots however her vocals range from jazz, soul to opera. Toni graduated in music at Whitireia Polytechnic, Porirua and her quest to hone skills as a performer took her to Jim Moriarty's Te Rakau Hua o Te Wao Tapu touring theatre company. Adding more strings to her bow, Toni performed in various theatrical productions for New Zealand theatres: The Civic, Westpac St James, State Opera House, Issac Theatre Royal, Circa, Downstage, Te Whaea and Taki Rua. Toni has just completed her third solo album 'Whiti' and had an extremely successful launching show at Te Papa, Wellington in August. To acknowledge Toni's current release of Whiti, Toni was a finalist in 5 categories for the Māori Music Awards that was held on Sep 10th 2010 in Hastings. Toni is also a tutor in voice, tikanga / culture, stage craft and did voice work for Peter Jackson's King Kong. Toni is a great role model for rangatahi and she is a positive influence for everyone she comes in contact with. She's currently planning a tour of NZ to take her album 'Whiti' to the world. Next year Toni plans to be part of the entertainment for the Rugby World Cup in 2011. The Rugby World Cup tour will include Charles Royal Band Tohu. Amid her busy musical life, she teaches voice lessons to aspiring musicians and she's a busy mum. Toni describes her new album Whiti as a celebration of life! The journey of life where each song connects truthfully to it's kaupapa and thus to the depth of one's soul!

kaitoko whānau services

*Do you need help?
Are you not sure where to go?*

For many whānau it is important to look close to home for someone to talk to, however, for those of you who don't feel comfortable sharing or talking about any problems you might be experiencing at the time, it may be better to speak to someone who will keep the information confidential and give you options that may help. The Kaitoko Whānau (Family Support) are community based workers who focus on the positive development of the whānau. We work alongside families experiencing hardship and assist them to connect with the right services. For further information please contact Connie Collins on 06 8762718 or 0275001872 or email: connie@kahungunu.iwi.nz

Picture taken for the launching of Toni's latest Album Whiti.

Picture of Toni taken at the 2010 Hukarere Māori Girls College Fashion Parade Fundraiser.

profiling te runanga o ngāti kahungunu ki te whanganui a tara

If you are a registered Kahungunu member and you live in the Wellington region, chances are you know about Te Runanga o Ngāti Kahungunu ki Te Whanganui A Tara. But if you don't, now's your chance to find out and get involved.

There is a great number of Ngāti Kahungunu whānau who reside outside of the Kahungunu rohe (area). Taurahere Runanga have been established for the purpose of Kahungunu representation in the main areas outside of the Kahungunu rohe. Taurahere Board members also have the opportunity to be elected to represent Taurahere on the Ngāti Kahungunu Iwi Incorporated Board.

Te Runanga o Ngāti Kahungunu ki Te Whanganui A Tara is the name of the Taurahere in the Wellington Region. In the past and particularly over the past two years, Te Runanga o Ngāti Kahungunu ki Te Whanganui A Tara leaders have been working hard to address the needs and priorities of the Kahungunu members in Wellington. Two priority areas have been to increase Kahungunu membership and to provide opportunities to increase Te Reo me ōna tikanga. To do this they have held Tihēi Kahungunu Wananga with an open public invitation to anyone interested in learning Kahungunu waiata.

Kahungunu musicians and Wellington residents Toni Huata and Te Taite Cooper have been instrumental in running the Tihēi Kahungunu Wananga. They start with a vocal warm up lead by Toni and then they go into learning specific waiata and moteatea from the Tihēi Kahungunu Booklet instructed by Te Taite. This has proven very successful and has become an ongoing opportunity to not only learn new waiata, but to meet up with the many Kahungunu whānau members who reside in the region.

Recently new leadership appointments took place and their office has relocated to another area within the city. A younger generation of leaders have stepped in to support the ideals and aspirations of the Runanga. With the guidance, strength and experience of the previous leadership, Te Runanga o Ngāti Kahungunu ki Te Whanganui A Tara Taurahere is continuing to move in a good direction with increased membership and many opportunities for learning Te Reo and waiata.

LEADERSHIP
Co-Chairs: Clayton Reiri (Wairarapa) and Toni Huata (Heretaunga).
Treasurer: Ebony Waitere (Wairarapa)
Taurahere representative on the NKII Board: Bill Hamilton (Wairoa)

CONTACT
Te Runanga O Ngāti Kahungunu ki Te Whanganui A Tara Trust
kahungunuembassy@gmail.com
website www.kahungunuembassy.blogspot.com

*L-R: Makere Joe, Noeliens Smiler, Challen Wilson, Toni Huata (Ropine Huata-Wagner - the pepi), Johni Rutene, Bill Hamilton, Abe Scott
L-R (Front) Tiopira Hape-Rauna, Clayton Reiri*

secret gems to long life

In Kahungunu ki Heretaunga we are so fortunate to have some dear nannies living among us who have celebrated life and are well into their nineties and even over a century young. Here's a very long story made short and sweet so you and I can take heed, realise our worth, appreciate life and enjoy living.

In an intimate interview with these beautiful kuia, the question was asked, "What is your secret to living a longer life?"



Ngaikiha Tawhai (93yrs)
Ko Tapairu te Marae, Ko Ngāti Marau te hapū, Ko Ngāti Kahungunu te iwi.
My secret to living longer: "I have 13 beautiful children and many grandchildren and great grandchildren. I am fortunate to have my wonderful loving whānau around me all of the time. It brings me much joy."
Key whānau ora secret gem: Enjoy spending time with whānau.



Tirahaera Walker (95yrs)
Ko Mohaka me Whakaki ngā Marae, Ko Ngai Te Ipu te hapū, Ko Ngāti Kahungunu te iwi.
My secret to living longer: "I eat fruit for breakfast and morning tea. I always boil my water that I drink. I cook my own kai so I know what I am eating. I like eating pork head, kumara, puha, cabbage and fish. I have a dessert spoon of Cod Liver Oil every day to keep arthritis away. I enjoy gardening. I was always taught to walk with a straight back."
Key whānau ora secret gem: Eat good kai, enjoy gardening and have a good posture.



Agnes Nuku (90yrs)
Ko Te Arawa, Ngāti Raukawa ki te Tonga, Ngāti Kahungunu ngā iwi.
My secret to living longer: "I've never smoked and never had alcohol. A chinese doctor told me that I'd live a better life if I don't wear shoes and have bare feet, so I like going barefoot when I can. The grass and stones massage my feet. I've always tried to live good values and help other people. I love gardening and eating vegetables from the garden."
Key whānau ora secret gem: Don't smoke and drink alcohol. Try walking barefoot to allow your souls to get natural mirimiri. Have a garden and eat plenty of vegetables.



Tata Wairukuruku Maere (92yrs)
Ngāti Naho, Ngāti Mahuta o Tainui, Waikato, Ngāti Poporo, Ngāti Kahungunu iwi.
My secret to living longer: "Work and earn a living. Enjoy life and the opportunities that come your way. Laugh and have fun. Smile and enjoy life. I wear red lipstick, a red scarf and a red top and heels and I feel great. I go to bed early and I get up early."
Key whānau ora secret gem: Work hard. Enjoy opportunities. Laugh and have fun. Wear clothes that make you feel happy.

a tip from aunty's garden



got dirt? dig it!

The experts say that now's the time to plant your spuds, so what are you waiting for? **Got Dirt? Dig it and plant a maara kai.**

Now's the time to plant spuds, kamo kamo, kumara's and pumpkin. If you're not sure how to plant, visit your local garden shop and ask questions, or go visit aunty down the road.

Vegetables taste so much nicer when they're out of your own garden. So take Aunty's advice and if you **Got Dirt? Dig it and plant a maara kai.**

HOW TO MAKE A BASIC MAARA KAI...

Select a space

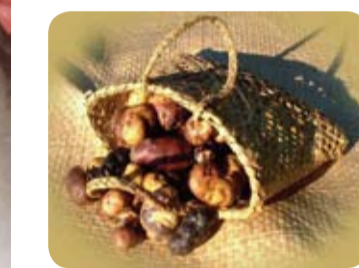
Think about where the sun comes up. Try to have your garden on the side of the house that sees the sun most of the day. Be mindful that pumpkin and spuds take up a lot of room but if you only have a small space you can plant lots of other kai.

Dig your soil

Dig to a depth of about 8-10 inches and continue working the soil to make it loose. Don't dig when the soil is too wet. How do you know? Get a clump and squeeze the soil. If it stays clumpy and doesn't crumble then it's too wet. Good compost or manure can be dug into the soil to prepare it. In some cases you may need to buy some fertilizer to help prepare your soil.

Get your seeds

Decide what you want to plant and buy your seeds and plant them accordingly. Plant what your whānau like to eat.



Maara Kai Layout

Before you start to plant your seeds, think about the layout. If you grow the same vegetables year after year in the same bed, there is an increased risk of disease infecting them. To minimise the risk you should avoid planting crops of the same family in the same soil for three seasons. You can achieve this by having a four bed rotation and moving the crops on to the next bed each year. Use your imagination and have some fun.

Watering and caring for your Maara Kai

Once your vegetables are all planted out in the beds they will require regular watering, weeding and fertilizing. On average your vegetables will need one inch of water a week. If this is not provided by rainfall, you will have to make up the difference. It is better to give the garden a good soaking once a week rather than applying small amounts of water every other day. The best time to water is early in the morning. Hoe your beds regularly and keep them weed free...oh but leave the puha in.

Happy gardening!!

kahungunu ki uta, kahungunu ki tai wānanga

Rohe Moana, Awa, Waiū Management Planning Workshops
So far two wānanga have been held in the Kahungunu rohe for hapū mai i Paritu ki Turakirae to facilitate the development of hapū rohe moana, awa, waiū management plans. These hui are open to any hapū members who have an interest in the sustainable utilisation and enjoyment of our marine and freshwater environments and who would like to contribute to the management of these resources.

NEXT WANANGA
Fri 3rd – Sat 4th December 2010
Te Rangimarie Marae
Cole Street, Masterton.

REGISTER YOUR INTEREST

Attendance at all wānanga is encouraged. To register your attendance and to receive your wānanga application and agenda pack in preparation for our third hui, please contact Ngaio Tiuka (Fisheries Analyst) at the iwi office by 4.00pm Wednesday 1st December 2010.

Ngāti Kahungunu Iwi Incorporated Phone: 06 876 2718 ext 710 or 0800 524 864.

STAY INFORMED!

"Huru manu" is the name of the new E-newsletter that has been distributed via the Panui ki te iwi email network on a quarterly or as need basis. It will provide up to date information on what the Fisheries Unit and others have been up to in our rohe. The Huru manu E-newsletter is an important way to share stories, so please feel free to contact us to contribute or to be on our distribution list.

Contact Details

Ngāti Kahungunu Iwi Incorporated
Fisheries Management Team
Dr Adele Whyte or Ngaio Tiuka
Ph: 06 872718 or toll free 0800 524 864

Email: adele@kahungunu.iwi.nz or ngaio@kahungunu.iwi.nz



Recently the Ngāti Kahungunu Iwi Inc. Fisheries Unit, Dr. Adele Whyte and Ngaio Tiuka visited at the Operation Patiki site. Pictured from left are ngā kaitiaki o Te Awa o Ngaruroro, Aki Paipera (Akihehi Paipa), Jenny Mauger and Tom McGuire. These are a few of the many kaitiaki who are interested in restoring the water quality and bringing the river back to its natural state. Through this project, whānau have taken on NZQA Marine Biology studies which has helped them in their restoration project. More information about this can be viewed in the Hurumanu Newsletter. Subscribe by making contact with the iwi office. See details on this newsletter.

5TH KAHUNGUNU AGM PĀ SPORTS DAY



SAT 27 NOVEMBER – SPLASH PLANET
GROVE ROAD, HASTINGS
9:00AM - 12:00PM
SPLASH PLANET CONFERENCE ROOM

AGENDA

Mihimihi
Himene
Karakia
Minutes of AGM 2009
Annual Report 2010
Chairman's Report
Audited Financial Statements 2010
Asset Holding Company
Appoint Auditor
Annual Plan 2010-2011
Researchers Presentation
Himene
Karakia

Ngāti Kahungunu Iwi Incorporated is holding the AGM in conjunction with a number of sporting activities that will take place at the same venue.

SPORT TEAMS REGISTRATION

Marae Teams can register now. \$5.00 registration fee per player
Includes unlimited rides, slides and swimming at Splash Planet.
Sports include Netball, Touch Rugby, Beach Volleyball, Tug of War, Māori Games and Kiddies Activities.

GENERAL ADMISSION DISCOUNT COUPONS

The General Admission All Day Coupons will be available for whānau intending to come on the day. The Coupon allows one person to enter for \$9.00 each.

To inquire further about Marae Team Registrations please contact: Ruth Wong ruth@kahungunu.iwi.nz or 0800 524 864 ext 711

RINGSIDE TABLES

SUPPORT THE FIGHT AGAINST DRUNK DRIVING

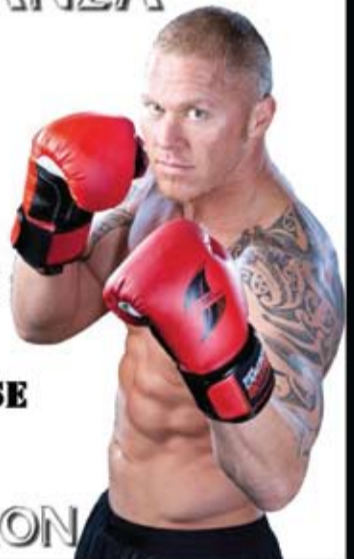
CHARITY ENTERTAINMENT EXTRAVAGANZA

LIVE ENTERTAINMENT
11 CHARITY MATCHES

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NZ SPORTING HERO'S
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FOR A WORTHY CAUSE

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COMMUNICATING WITH THE IWI

Ngāti Kahungunu Iwi Incorporated is dedicated to communicating with its membership in order to keep whānau abreast of events & activities that enhance the mana and wellbeing of whānau hapū and iwi. To achieve this we provide the following:

- A bi-monthly Hōea rā newsletter issued to each registered member household;
- Panui ki te iwi which is sent out on a daily basis through our email network;
- Daily panui via Radio Kahungunu;
- Board meeting summary which is sent out the week after board meetings;
- Our Ngāti Kahungunu website www.kahungunu.iwi.nz;
- AGM at Annual Hui-A-Tau;
- Freephone 0800 Kahungunu - 0800 524 864 - for our toll calling whānau;
- Friendly personnel to greet you at our office at 304 Fitzroy Avenue, Hastings;
- Efficient email service;
- Advertising through local newspapers throughout the Kahungunu rohe and abroad if necessary;

- Media Releases;
- Timeless videos of events from the past – You Tube KahungunuPride;
- And of course, I can talk your head off if you let me...

Kia Ora, my name is Ruth Wong. I am the Communications Advisor for Ngāti Kahungunu Iwi Incorporated.



Communications has been our greatest challenge in the past. We are continually looking at ways to improve our communications. If you have some ideas that you would like to share with me, please don't hesitate to send me an email. I am the editor of the Hōea rā newsletter. If you have any positive 'whānau ora' stories you would like to share with the iwi, please don't hesitate to contact me.

COMMUNICATIONS ADVISOR
Ruth Wong
Email: ruth@kahungunu.iwi.nz

2010 NGĀTI KAHUNGUNU SPORTS AWARDS



Awards ceremony is being held on
Saturday 6th November
A.W. Parsons Centre
Waipukurau

Tickets Prices are \$50 and will be available for public sale early October

For more information contact Theresa O'Brien on
theresao@sporthb.net.nz or 845 9336 ext 717

