

One year on from 'Gabrielle'

Iwi leaders share their thoughts

ebruary 14 marked one year since Cyclone Gabrielle lashed Hawke's Bay with gale-force winds and heavy rain, causing rivers to burst their banks, flooding homes and communities and leaving a devastating impact on the region.

A National State of Emergency was declared and was not lifted until a month later. Many people were affected as their homes, land, property, animals and businesses were destroyed by the cyclone. It was a day many will not forget, even if they want to.

This month, people have gathered

This month, people have gathered at marae, churches, council buildings, homes, workplaces, schools, halls, hospitals, parks, on social media and in quiet places to commemorate one year since Gabrielle's visit. Within this article are a few comments from iwi leaders a year on.

Hori Reti: Te Whanganuiā-Orotū Taiwhenua chairman, Ngāti Kahungumu Iwi Incorporated Board member

My thoughts are first and foremost with the families of our community that lost loved ones, their homes, farms and lands in the cyclone. We have all been impacted in some way by the cyclone and to see the community spirit shine through was one of the stand-out memories.

There are many heroes within our

There are many heroes within our communities, people who just got out there to save lives, who gave their time to help, from knocking on the door to do welfare checks, delivering food, fuel and water supplies, to those who got in with shovels and machines. It all helped and was very appreciated, we thank you.

As we move past one year, we

As we move past one year, we have families still displaced, rebuilding or relocating in some situations. It's still a long road ahead for some whânau and I just want to say to you to keep your head up, keep striving forward with your plans and remember it's okay to talk about the difficult challenges you may be faced with

"Too often we underestimate the



power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around"-Leo Buscaglia, American motivational speaker

Nigel How: Wairoa Taiwhenua chairman, Ngāti Kahungunu Iwi Incorporated Board member

Life goes on the best we can. My
Cyclone Gabrielle anniversary was
spent tending to community roles
based at one of my jobs with Wairoa
Museum rather than attending the
poignant, uplifting and wairuacharged events that our amazing
Wairoa Cyclone Recovery Team
organised for that day. The positive
feedback on those events was heartwarming to hear. That day I also
listened to much feedback on what
was yet to be done and how hard life
remains for many.

After work at our museum, I headed home to check on Nanny 84, who now has dementia. Nanny 84 had a good day playing solitaire in her home in front of her television, being checked twice daily by her dedicated NGO-provided caregivers.

Nanny 84 couldn't remember if she had eaten tea by the time I arrived. She had, but I served another meal anyway and it was after her first bite she realised her puku was full ... bless Nanny 78, her cousin and next-door neighbour, was at a tangihanga in the Bay. Life goes on as best we can.

Anniversaries serve as a reminder of many things. The Cyclone Gabrielle anniversary provides the opportunity to take stock of what we as a community have been through, how we managed in the aftermath, the scale of extra work that recovery has created and what remains to be done

Homes remain broken, bereft of their families. The flood protection plan promised to be out in community consultation by the end of last year is delayed, leaving many in limbo. Services including Aged Care and Disability Support disappeared and have not returned, creating further pressures for numerous whānau. Those people and entities who continually serve our community with dedication have met new challenges and eyewatering workloads, on top of already busy commitments. Many of us continue to work through the trauma created.

The pressure on whānau, community groups and our numerous support services remains immense. In remembering this, we remember that as a community we are strong and have each other. We remember that those working hard behind the scenes have everyone's wellbeing as a driver. The first year was hard for all of us. This second one will be no different. What remains the same is that we do this together, in manaakitanga.

Bayden Barber: Ngāti Kahungunu Iwi Incorporated Board chairman

This was the greatest weather disaster to hit our generation and probably our parents' generation too, yet we've been able to witness some great things that have developed out of this disaster as well. The coming together of hapū and marae, the coming together of other iwi who came in to support this kaupapa. The coming together of community, councils and government to find a path forward. There's clearly still a lot of work to be done, and already there's been major changes, but through all the pouritanga/sadness from a year ago to now, we've seen great things occur. The key message a year on remains the same Kotahitanga, Unity - all of us need to keep coming together. The past year has been a challenge and there will be more challenges to come. We need to come together as a wider community - everyone, working together for our future generations. The important message is clear: We stand together as one people, work together as one, and unite as one.

The Rev Zhane Tāhau Whelan

May aroha and the love of our creator rest upon us all as we remember the extreme weather events of Cyclone Gabrielle which devastated our communities but also saw great hope as we came together as a whānau, hapū and iwi to rebuild and rejuvenate our communities. May this love continue to abound. Key message - Be patient and understanding, love one another. And don't be afraid to say to your friends, family, neighbours and perfect strangers: llove you!

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The Rev Zhane Tähau Whelan

and kaumātua

Joseph Te Rito bless the awa

after Cyclone Gabrielle.

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Hawke's Bay Today

Iwi, rohe make tourney a success

Sport and haka shine at Māori Basketball Association tournament

Ruth Wong

e ao Māori once again answered the call of Te Arawa waka and the Māori Basketball Association with 407 teams and more than 4000 players and whānau supporters participating in the Māori Basketball national tournament held at Rotorua between January 22 and 27

between January 22 and 27.
The competition is a huge logistical operation with tamariki (under 7) through to rangatahi (under 15) competing during the first half of the week, followed by taiohi (under 17) through to koeke (50+) during the second half.

A total of 28 iwi and rohe around the motu were represented and it was



Not only did our iwi perform well on stage but we performed well on the court with more than 15 medals awarded

great to see our tamariki out there having fun and competing hard.

Mid-week all ivi were invited to perform waiata and haka at the pō whakangahau. This year was the first time that a trophy had been put up for the best overall performance. The array of iwi uniforms, with wellrehearsed waiata and haka, was impressive.

Ngāti Rongomaiwahine, Ngāti Rākaipaaka, Ngāti Kahungunu ki Heretaunga, Ahuriri and Tāmaki-nui-ā-Rua came together, performing a vigorous version of Kotiro Māori E, followed by Rākaipaaka and Ngā Nuhaka E, then the Ngāti Kahungunu whānau performed Kahungunu Kia Eke and Te Reo Parikārangaranga. The boys ended with E Moho E haka and the entire group of more than 200 stole the show with an impassioned Tika Tonu haka as the finale.

This show of kotahitanga among

Whakaahua 1
Mixed Masters
final,
Kahungunu ki
Heretaunga v

our iwi worked in the eyes of the
judges with the inaugural trophy
awarded to all of our iwi for our joint
performance. Ka mau te wehi!
Not only did our iwi perform well

Rākaipaaka.

Not only did our iwi perform well on stage but we performed well on the court with more than 15 medals awarded to Kahungunu, Rākaipaaka and Rongomaiwahine teams, with Ngāti Rākaipaaka winning third

overall at the tournament. Ka rawe!
A big mihi to the organisers of each
of our iwi teams as it is a major
commitment and effort to pull
everything off, but we keep going
back and look forward to doing it all
again next year.

The kapahaka trophy is currently on display at the Ngāti Kahungunu Iwi Incorporated office.



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Helping rangatahi reach full potential

Programme offers young people leadership training

> oi Matarua is a rangatahi/ youth programme to help enable rangatahi to navigate their future by becoming leaders within their communities. It was established in 2011 as a "by rangatahi, for rangatahi" performing arts group to help understand mental health and suicide prevention.

The programme has now transformed into an emerging rangatahi-led research organisation that specialises in health and wellbeing, social and justice issues pertaining to Māori.

The founder of the organisation is 30-year-old Charlizza Matehe, who started the programme as a young woman in her teens. Charlizza is a living product of the by-rangatahi, forrangatahi concept. "I started this programme when I

realised the need to tautoko/support my peers who were experiencing social and justice issues," Charlizza

"The greatest blessing of being a part of this journey is being able to ee rangatahi believe in themselves and make changes in their lives to reach their full potential.

"I am blessed to be a part of the rangatahi and I am so proud of their efforts and desire to take up the opportunities to train and upskill to ecome better leaders within their

Toi Matarua offers leadership training to help youth learn ways to be great examples to each other.

One of the programmes organised by Toi Matarua is Tū Tārake, which refers to a star that shines brightest in the night sky. This name is fitting because the focus of the programme encourages rangatahi to step up, be brave, and shine bright by becoming leaders in their homes, kura and communities. The programme is delivered through wananga on the marae and provides meaningful mentorship and exposure to other kaupapa across Aotearoa.

A great deal of time is spent in the

community holding events.
"Our rangatahi leaders host events for the wider community like our annual Kia Au, Ko Au Matariki

a Pakaru Pānui kaimahi and Sunrise Rave," Charlizza said. We have two streams of rangatahi

Joseph Curtis is



employment, MokoBoys and Pakaru Pānui. This means some of our rangatahi get to have a taste of work life while still in school and also make

some pūtea/money along the way. The MokoBoys go over to



kaumātua houses, mow their lawns. clean their whare, and help with their māra kai/vege gardens. Kaumātua can call on the MokoBoys at any time for assistance. This is both rewarding for the kaumātua and the rangatahi.

"Communicating is important to us, which is why Toi Matarua has employed our expert rangatahi communications team known as Pakaru Pānui to lead all of our online community engagement. We manage

Being a part of this kaupapa I have been able to upskill as a leader, learn about other indigenous cultures. travel and even debut as a journalist.

our TikTok, Instagram and we have our own website where vou can read more about Toi Matarua and what we do. We are also lucky enough to have this monthly spot in the Tihei Kahungunu so we will be keeping you up to date with local rangatahi news, events, discussions etc over the year. Joseph Curtis is one of the Pakaru

Pānui kaimahi and rangatahi leaders

"Being a part of this kaupapa I have been able to upskill as a leader, learn about other indigenous cultures, travel and even debut as a journalist. One of my dreams is to become a journalist so I was connected with a . Māori radio broadcaster who did a mentoring programme with me. This year I will be interviewing people in our community doing amazing things," Joseph said.

Amaiah King is a Pakaru Pānui kaimahi and rangatahi leader alongside Joseph.
"Through Toi Matarua I have

learned to be more organised, and have gained more confidence and new skills. This kaupapa has brought me many new opportunities such as travelling abroad to learn about different cultures, and I have built a passion for photography, which is omething I now look to do in the future. This year I would like to

continue my photography journey by telling stories through my pictures and showcasing the unseen things happening in our community.

If you are a young person based in Hawke's Bay or have a young

Pakaru Pānui kaimahi and rangatahi leader Amaiah King.

person in vour whānau who vou think might like to get involved in Toi Matarua, contact us by visiting www. toimatarua.com or email us at pakarupanui@toimatarua.co.nz Catch you next month.

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AUNTY'S GARDEN

Garden evokes a of peace

Hanui Lawrence

'm very much in love with people...he tangata, he tangata, he tangata I enjoyed the Opera Festival production of Romeo and Juliet at the recent Art Deco weekend as well as the concert on Friday night at the Sound Shell in Napier. It was simply amazing to see so many people decked out in costume and enjoying the activities of all that was happening.

The Kahungunu Waitangi Day family celebrations held at the Mitre 10 Sportspark brought an atmosphere of unity and love, moving forward together as one people and one nation.

The disasters of Cyclone Gabrielle one year ago were at the forefront, with celebrations remembering this tragic event taking place in the communities of all those affected.

Whatever is ahead of us is unpredictable and there are



hardships all around, mostly out of our control, vet we must try to stay on a level path and enjoy what time we have left in this life.

If you have time to visit Aunty's Garden, there is a great feeling of peace where you can sit and contemplate and just chill out. Although I have run out of lettuce and nurturing these delights to hurry up and mature as each variety of plant is planted, I watch the growth patterns and it amazes me how they

are doing so splendidly. The fruit trees, plums, peaches, and apples are

So whānau, kia kaha, kia kaha, kia kaha, and despite the hardships enjoy life to the fullest.

LASAGNE

Ingredients

- 500g Beef Mince
- 1/2 jar of kamokamo pickle

Lasagne with Aunty's garden.

- 2 bottles of pasta Sauce
- 1 bunch cavolo nero (kale) leaves
- Salt and pepper
- Lasagne sheets
- 2 cups grated cheese

Method

White sauce: In a small saucepan, melt butter over medium heat. Whisk in flour, salt and pepper until smooth. Gradually whisk in milk. Bring to a boil; cook and stir until thickened, 1-2

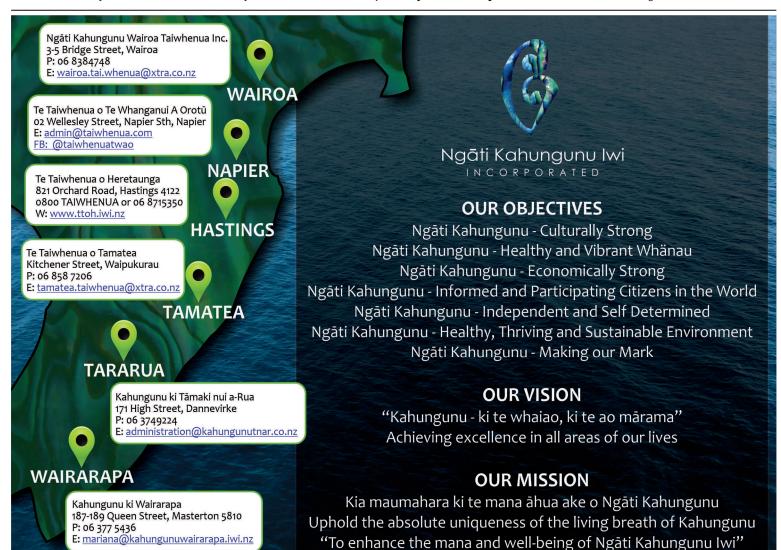
Meat sauce: In oil cook mince, add onion, then add the pasta sauce and kamokamo pickle. Season with salt and pepper and any other flavourings of your choice and set aside – this is your meat sauce. Blanch the kale leaves and set aside. Make white sauce and set aside.

In an oven dish smear the bottom with meat sauce to stop the lasagne squares from sliding around, add a layer of lasagne squares then layer the meat sauce, then leaves, then white sauce and repeat, ending with white sauce topped with cheese and slices of tomate

Bake at 180C for 30-40 minutes.

BOOK LAUNCH

Ngāti Khungunu is pleased to announce the launching of Aunty Hanui Lawrence's book, The Kūmara Vine, which has been dedicated to her 11 grandchildren, nine of whom will be at the garden when this great occasion takes place. Book launch. Saturday, March 9, 11am, at Aunty's Garden, Waipatu, Hastings, Books will be available for sale on the day, please bring cash.



How can we help our precious kaumātua?

Kaumātua are facing some hard challenges in the current economic environment, writes

Ruth Wong.

here have been some decisions made that have affected our kaumātua (elders) and created challenges that are affecting their livelihood, their independence and their health.

The rise in rent, the closure of Flaxmere New World supermarket, the loss of a loved one, the heartbreak of a wayward moko (grandchild), the feeling of neglect because of hearing issues and feeling left out of discussions, being put into an old people's home without consent, being bullied in their own home by kids who just don't respect you and your space, a phobia of modern technology and not being able to



learn new things.

Some also have to deal with memory loss and relying on others to take them everywhere, trying to share their thoughts, but being rushed and forgetting what they wanted to say, the new morning pain in their back, the sudden feeling of sadness for no reason, having a meal and realising you are full because you forgot you've already eaten - the list goes on.

These are but a few issues that our

These are but a few issues that our kaumātua are faced with. They are real challenges that our kaumātua need help with.

What our kaumātua need is a

happy smile, a helping hand, a listening ear, wrap-around services, patience and support, respect and understanding, encouragement and friendship, the ability to help and feel needed, an opportunity to serve others and a lot of love.

During Waitangi Day, our team held a breakfast for our kaumātua in our Wānanga space. It was nice, but on the day we watched kaumātua holding hands to walk over obstacles, clinging to each other so as not to trip over.

Some walked from the furthest car park because our communication with the parking wardens hadn't The Waiohiki kaumātua at the Heretaunga Taiwhenua Kaumātua Ball

quite got through properly at that early hour. We learned a lot in hindsight and the next time we have a kaumātua breakfast, we'll be much better in our planning. Life is full of learning experiences

Life is full of learning experiences both for our kaumātua and everyone in the family. Our kaumātua are our precious taonga. Kaumātua need help to deal with their daily challenges. How will you help? How will you react? What will you do differently to show you care for our elderly friends?

Don't add to the list of challenges

Don't add to the list of challenges that our kaumātua experience, but rather, be a helpful, happy friend.

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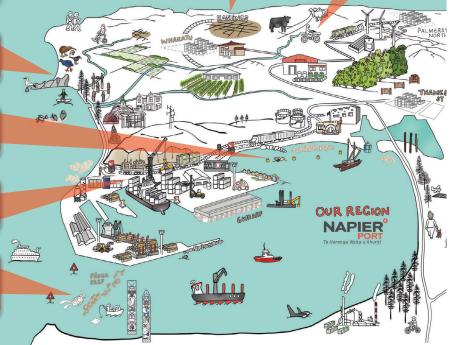
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Affordable accommodation for those in need

n 2023 the Kahungunu Whai Kainga Whai Oranga (WKWO) Housing team was established to manage the Kahungunu housing project with the aim of accelerating papakāinga developments and providing affordable housing to members of the iwi who needed them most. The WKWO Project

kaiwhakahaere/manager, Steve Gordon, was welcomed into the tari on the eve of Cyclone Gabrielle, and since then the WKWO Housing team has focused on multiple housing projects including finding affordable temporary housing or cabins for cyclone-affected whānau.

While searching for the best options, the Kahungunu Housing team came across Central Build Limited, a Taupō-based business that offers affordable temporary housing. Husband and wife, Mike and Katee,

are the directors of Central Build Limited, a family-owned business that offers affordable housing, including self-contained relocatable homes or cabins, ideal for emergency housing, relief housing, temporary housing, or a granny flat for growing or large families

They have ambitious aspirations, aimed to make a positive impact on the current housing crisis in New Zealand. Their primary focus is to create homes that provide a safe and warm environment - a place that homeowners can proudly call their

With over 25 years' experience in the building trade, Mike and Katee enjoy the design process and the best part is bringing their ideas to life



Business helps with housing

through construction, largely made possible by an awesome team of tradies by their side.

Mike comes from humble beginnings in a small village called Taharoa situated at the southern end of the Kawhia harbour and has a passion for fishing, diving and the outdoors. Katee spent her younger years enjoying freedom on a dry stock farm in Mapiu in the King Country. Based in Taupō, alongside a fast-growing business, they are proud to be raising four young children.

"Mike has some of the best quality, design, service and affordable cabins

across Te Ika a Māui." Steve said.

"One thing that has stuck out for me is Mike's commitment to the kaupapa and his passion to assist

flood-affected communities in need. "We are really pleased with the work that Mike and Katee have done for us so far. We have procured over 60 cabins from Mike since September 2023 and plan to continue to work with Central Build Limited in the future as we continue to fulfil the aspirations of our Kahungunu housing strategy," Chrissie Hape, Ngāti Kahungunu Iwi Incorporated chief executive, said

I met Mike and Katee when they

visited our iwi office in December 2023. As they walked through the office, our staff clapped with gratitude for what they have done to help us. help our people. It brought tears to their eyes seeing the impact they had made to the community.

At the recent Kahungunu Waitangi Day celebrations held at the Mitre 10 Regional Sports Park in Hawke's Bay, the Ngāti Kahungunu Iwi housing team was able to display one of the cabins from Central Build Limited. Although these cabins are sought after initially to support cyclone-affected communities, a lot of nonaffected whānau indicated much interest in the concept of purchasing the smaller, more affordable homes to assist with their current housing changes as families grow in size and teenagers require their own space, or parents move into the smaller cabin to allow their larger families to use the house. These are options being investigated in this ever-changing world.

Housing continues to be an important priority for Ngāti Kahungunu Iwi Incorporated. To keep up with the needs of whānau, a housing survey is being prepared for whānau input and will be sent out via the Kahungunu Facebook page and through the Kahungunu Panui ki te iwi email network. If you are interested in contributing to the housing survey, please contact our iwi office and log your interest with Waiora: Toll free 0800 524 864 ext O or look out for it on social media. The information gathered in the housing survey will contribute to the research needed to ensure we proceed in the best direction to fulfil the housing aspirations of our iwi.



Mike, Katee,

(iwi chief

Chrissie Hape

executive), and

Steve Gordon

(iwi housing

manager)

If you are interested in finding out more about Central Build Limited, contact Mike and Katee by email mike@centralbuildlimited. com or see their website www.centralbuildlimited.com



The Flaxmere Christian Fellowship is a local Church which has been operating since 1980. Situated on Flaxmere Avenue it draws people from around the Hastings and Napier area. This Pentecostal Church was birthed out of the Charismatic renewal of the late 1970's.

The main meeting is every Sunday morning starting 10:00. A Bible College also operates on Sunday evenings for those serious about advancing their knowledge of the Bible. Different groups run during the weekend which cater to youth ad adults. Children's Sunday school

classes run on a fortnightly basis during the Main Sunday service.

The Fellowship aims at reaching people with the Good News of Jesus Christ and the transformational power that message brings. It is involved with different programs in the community to help bring this to pass. The Flaxmere Christian Fellowship is also a strong advocate for the Jewish People's right to exist as an independent and sovereign state on their historial ancient land in Israel

Flaxmere Christian Fellowship - 220 Flaxmere Avenue, Hastings Main Sunday Meeting 10.00am - Phone 06 879 5588 Email: flaxmerechristianfellowship@hotmail.com Web: www.flaxmerechristianfellowship.com

Four teams earn spot at Te Matatini

Hundreds of performers take part in Kahungunu Kapa Haka Regional Competition

> he Kahungunu Kapa Haka Regional Competition took place on Saturday February 24 at the Dannevirke A&P Showgrounds with about 500 amazing and dedicated Kapa Haka performers who gave it their best shot on stage.

A total of 13 teams entered the competition, allowing for up to four Kahungunu teams to qualify to perform at the world's largest Kapa Haka Event - Te Matatini 2025.

Besides the event being an awesome gathering for Kapa Haka lovers, this is the very first time that the regionals have been hosted by Kahungunu ki Tāmaki-nui-ā-Rua.

Local iwi leader Hayden Hape was pleased to have Kahungunu on his doorstep. The last Regionals was hosted by Kahungunu ki Wairarapa and the next one will be hosted in 2026, by Kahungunu ki Tamatea in Central Hawke's Bay.

The teams need to compete at this regional level to qualify for the Te Matatini event. There are strict rules for every part of the performance and judges have the difficult job of concentrating on each performance to be absolutely prudent in their decision making.

It was a fantastic day for everyone

It was a fantastic day for everyone who attended. More than 5000 people gathered to support their favourite teams and Manaaki the Kaupapa in general. The hosts did a fabulous job in providing great Manaaki to all those who attended.





From the time you arrive to the time you left, you felt a great feeling. After a long day which started with

Te Rangiura o Wairarapa put on a stellar show.

prizegiving just over 12 hours later, we

were pleased to hear the presentation

Te Rerenga Kōtuku will be on show in 2025.

participants.

We congratulate all of the teams for their hard work and commitments.

for their hard work and commitment to this kaupapa. As far as the iwi is concerned, everyone is a winner and should be very proud of themselves. This is a huge achievement and we

This is a huge achievement and we wish the winning teams all the very best as they practice and prepare for the 2025 Te Matatini event. Ka Mau te Wehi!!

The winning teams going through to compete at Te Matatini 2025 are the following ranked teams:

- 1. Te Rangiura o Wairarapa
- 2. Te Rerenga Kōtuku
- 2. Te Kerenga Kotuku 3. Te Kapa Haka o Kahungunu
- 3. Te Kapa Haka o Kahungunu 4. Te Kapa Haka o Ngati Ranginui





