

Chairman leads the way with jab

Vaccine rollout starts with border workers

Ruth Wong

March 10, 2021, marked an exciting milestone in our fight against Covid-19.

Minister Chris Hipkins announced the Covid-19 vaccine rollout plan and Minister Peeni Henare shared how they would support Māori communities throughout the vaccination campaign.

The Aotearoa vaccine rollout plan sets out the order in which the Covid-19 vaccine will be administered across the motu.

The plan focuses first on protecting those most at risk from being exposed to Covid-19, reducing the risk of future community cases and lockdowns, and then protecting those most at risk of getting seriously ill if they get the virus.

The sequencing plan provides certainty to the more than two million people who can expect to start being vaccinated during the initial stages of our rollout over the next 3-4 months.

The plan is to vaccinate Aotearoa in four broad groups, these are:

- 1. Our 50,000 border and MIQ workers, their household contacts and the people they live with. This started last month, and the vast bulk will be completed this month, with at least one dose administered.
- 2. About 480,000 frontline workers and people living in high-risk settings. Starting with the 57,000 healthcare workers on community frontlines, and then moving through to healthcare workers protecting our most vulnerable and some priority populations. Anyone who lives in the Counties Manukau District Health Board



Iwi chairman Ngahiwi Tomoana and wife Mere, leading by example.

area who is 65 and older or has an underlying health condition is also included in this group. Vaccination of these people started in February and will continue through to May.

- 3. Priority populations. About 1.7 million people who are at higher risk if they catch Covid-19 – this is planned to start in May.

Whānau Māori and Pacific communities will feature significantly in this group, not only as kaumātua and elderly aged 65 and over, but also because our people suffer disproportionately from other conditions which make them more vulnerable.

- 4. The remainder of the general population – about two million people. This will



Hawke's Bay DHB chief executive officer Keriana Brooking and iwi chairman Ngahiwi Tomoana presenting plans for the rollout.

start from July.

If you're wondering when you'll be able to get your vaccine, kia mau tonu mai –

an online tool that helps whānau find out when they can get vaccinated will be launched shortly. It will describe the four broad groups and will take people through a series of questions to work out when it'll be their turn.

Over the past two months, iwi leaders have been working with the Hawke's Bay District Health Board in planning for the vaccine rollout in Hawke's Bay.

The rollout for port workers started two weeks ago and vaccine workers saw some of our Māori whānau and Pasifika aiga concerned and unsure about being vaccinated. For this very purpose, iwi leader Ngahiwi Tomoana and wife Mere, led by example and received the

vaccine to help our people cross that barrier.

Ngāti Kahungunu Iwi Incorporated wants to reiterate the minister's kōrero, "Getting vaccinated is the best way we can keep our whānau safe against Covid-19."

We must lead by example. Kia kaha rā e hoa mā!

Hawke's Bay Today reported that two weeks ago our port workers in Napier rolled up their sleeves to receive the Pfizer/BioNTech vaccine, arming themselves to help protect our community from Covid. Thanks community heroes.

i Information go to <http://www.mbie.govt.nz/> ... /int.../covid-19-vaccine-strategy

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Perserving today for the future

The Nannies is a narrative started during national lockdown 2020. Based on a pair of lively elderly cousins who live next door to each other, the Nannies explore current issues from a traditional knowledge base.

Nanny 75 was missing from our dinner table tonight. Strangely enough so was Cat.

Nanny 75 was in town spending time with her son. Cat was sunbathing. So, just me and Nanny 81 tonight. She seized the opportunity to comment about everything in the heavens above and earth below, without her cousin interrupting.

Nanny 81 had a ball. My ears are still ringing. That's love.

"Work the mahi," Nanny 81 says. "Like our tipuna Kahungunu, that man knew kai was it."

I know in her way she is referring to one of our tribal mantra 'Ko Kahungunu he tangata ahuhenua, mohio ki te whakahaere i nga mahi o uta, me o te tai'.

We are in the middle of preserving season, where everything that can't be eaten is cooked and stored for winter supplies.

Nanny 75 has been out in the village with her rake, clawing unclaimed fruit from their branches so she can peel, slice, boil and bottle them. Nothing goes to waste. It can lead to odd obsessions to those

Work the mahi . . . Like our tipuna Kahungunu, that man knew kai was it.

Nanny 81

in the know and go.

The other week I discovered that when Nanny 75 was at the home of her mokopuna, she spied a large pile of fresh fruit intended for her mokopuna-a-rua.

"Nanny will bottle these," she told them and began loading up her bag.

Her great-grandchildren, not understanding what bottling is, thought she was stealing their fruit and began to protest.

I hear they were suspicious of the final product when she returned the fruit in jars . . . those tamariki really like their fresh fruit.

Recalling this tonight reminded me and Nanny 81 of a quite normal, run-of-the-mill-nanny-event that happened during lockdown last year.

It goes something like this, back when we were a little younger.

Nanny 80 had snoozed on and off all day and Nanny 74

had been out in her garden before her designated afternoon nap which was longer than normal. Those two rest like they party . . . with full attention to getting it right.

So tea was late, though not according to Nanny 80. It was planned that way, she told me. Right, of course . . . silly me.

Tea was lovely . . . Māori potatoes and papapa smothered in butter. Then it was time to dish up dessert.

"Ko maaro te bloody ice-cream," stated Nanny 80 as she spooned out three large servings.

Nanny 74 was battling with a jar of homemade preserves which were 4 years old.

"Phew!" she cried triumphantly as the lid finally popped loose.

"What's that?" quizzed Nanny 80.

"Aue . . . ummm . . . peaches?" replied Nanny 74, hoping they were.

"Where did I get bloody peaches from," muttered Nanny 80. More of a statement than a question.

Dessert was served smothered with hot custard. Yes they were peaches. Yes they were delicious. Yes this is a true story.



Homemade preserves by Nanny 75 – yum!



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Leeanne Makea tells her story

Helping whānau break free of gambling

I am the leader of The Public Health/Health Promotion Team at Te Rangihaeata Oranga. Alongside our team of counsellors, our manager and administrators, we raise awareness and support whānau affected by "gambling harm". We are a free service and work with whānau from Te Wairoa through to Waipukurau. Gambling harm is real, and it is affecting so many of our whānau right here in "Kahungunu" in our communities, and in our homes. It is our tamariki that are going without the essentials like food, warmth, and clothing because someone significant in their lives is gambling their family money away. It's our whānau that are contributing to the \$40 million lost to pokies every year in Kahungunu. We can help whānau to break free from the gambling trap in just a few minutes with an "exclusion" which essentially means they are barring themselves from the pokie venue, so they are no longer feeding all their money to the machines. It is a very powerful tool,

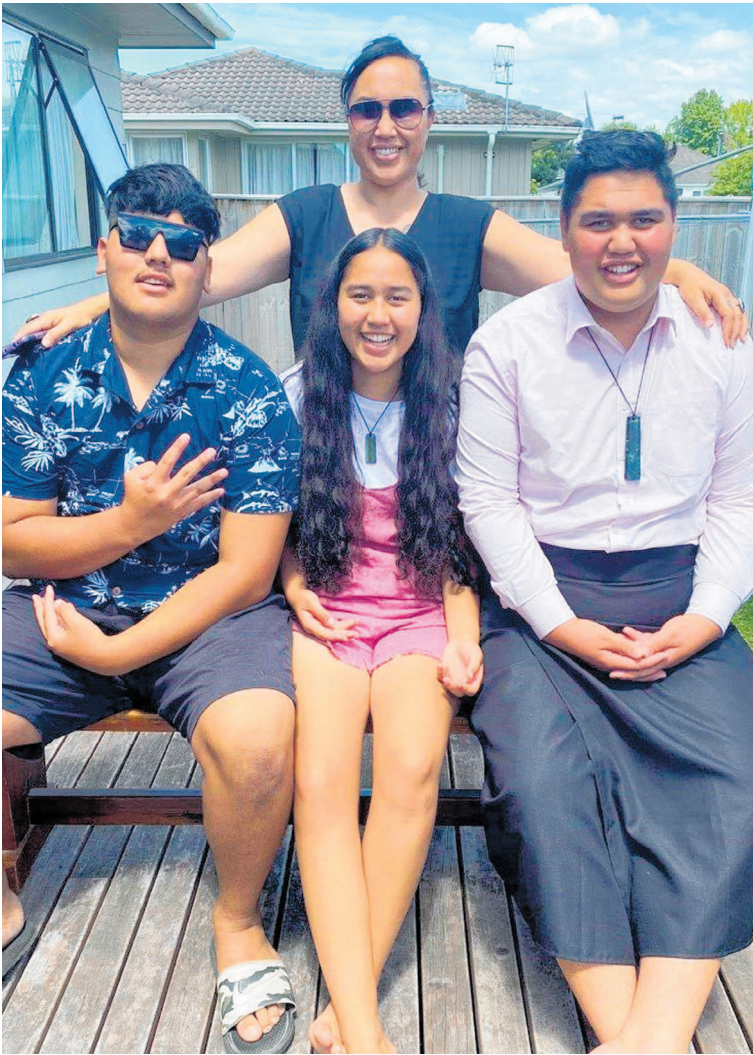
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Ko Thomas Makea tōku Pāpā
Ko Tawhirimakea rāua Ko Te Paerū āku Tama
Ko Wairangimārie Taku Kotiro Māori e!
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and it helps so many people to change direction in their lives. I got into this mahi in 2017 when an amazing well known wāhine, Annette Harris, gave me an opportunity to learn about the gambling sector. I received a scholarship through Te Rau Matatini called "Hoerua" (now Te Rau Ora). I do not know if Hoerua is

still available but what an amazing opportunity that was to get a fulltime position for a year where your job is to learn as much as you can! So, I am very grateful to Annette and Te Rau Matatini for their contributions that have supported my life, my career and my whānau. Thank you! I love lots of things about my mahi. I love the diversity. I love seeing the relief on people's faces when they sign an exclusion! Honestly, so much stress and anxiety just disappears with the flick of a pen. I also love being able to use my creative and analytical thinking – one day I'm making kawakawa balm, the next I'm in council chambers challenging gambling policies. There are lots of challenges but there is also a lot of joy and laughter in the mahi too.

i Are you or someone you know needing help? Find out more about our service, come on into the office at 210 Lyndon Rd West, Hastings or visit us on <https://gamblinghb.co.nz/gambling-help/>



Leeanne Makea and her whānau.

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**TE HERENGA WAKA^o
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The Marine Cultural Health Programme is a kaupapa (initiative), driven and undertaken by Ahuriri mana whenua, in partnership with Napier Port – Te Herenga Waka o Ahuriri. The Kaupapa is spear-headed by the Mana Whenua Steering Komiti. Through a unique and innovative cultural monitoring framework, the programme measures and monitors the cultural and ecological health of the marine environment in and around the Ahuriri area, including Pānia Reef.

The Marine Cultural Health programme is founded on mātauranga Māori and recognises that everything is connected – the spiritual world, natural world, te taiao (environment) and people. People share a whakapapa (ancestry) with the environment and all living things on land and sea.

The Mana Whenua Steering Komiti in partnership with the Napier Port has been developing this programme for the last year and a half, come along and join us for the launch of this exciting new kaupapa.

What the launch will cover:

- The Marine Cultural Health Programme Framework and Plan
- The launch and walkthrough of the Marine Cultural Health Programme interactive website
- An introduction on how we use digital platforms for surveying, data recording and updating the website
- An overview of the ongoing research and monitoring programme.

Please register your interest by emailing:
Te Kaha Hawaikirangi | tekahah@napierport.co.nz
marineculturalhealth.co.nz

Journey with Six60 to meet the King

Ngāti Kahungunu members Jeremy MacLeod, Te Rina MacLeod and Leon Blake recently met with Kingi Tūheitia Pōtatau Te Wherowhero VII at Tūrangawaewae House, Ngāruawāhia.

The main purpose of the visit was to accompany the band Six60 to meet the King and his household before the final concert of their summer tour in Hamilton on February 27.

Ngāti Kahungunu has maintained strong links with the Kingitanga movement since its inception in 1858. The genealogical links were forged through the union of Tūrongo (ancestor of the Tainui people) and revered Ngāti Kahungunu ancestress, Mahinaarangi.

From this union came Raukawa, who was the ancestor of the first Māori King, Te Wherowhero. Te Wherowhero's ability to trace descent to all of the senior



The group with Kingi Tūheitia Pōtatau Te Wherowhero VII at Tūrangawaewae House, Ngāruawāhia.

lines of the waka that arrived in Aotearoa during the grand migrations was a major determining factor in his selection as the first monarch.

Many other tribal chiefs were approached to take on the Kingship. Some of those Ngāti Kahungunu chiefs were Te Hāpuku, Pōtangaroa and

Karauria. Another contributing factor to the selection of Te Wherowhero was his warrior prowess.

Current king Tūheitia Pōtatau Te Wherowhero Te Tuawhiti is the seventh monarch. Many will remember the scenes of the funeral of his late mother, Te

Atairangikaahu who was taken from Tūrangawaewae Marae in Ngāruawāhia to Mt Taupiri by the main highway known by her forebears – the Waikato river. The current monarch is now into the 15th year of his reign. Since his coronation in 2006, he has maintained strong

relationships with the east coast tribes. He has made several visits to Ngāti Kahungunu, who religiously attend the celebrations of his coronation, commemorated annually in August. This is an opportunity for the people to remember his late mother, to mourn the losses of the year and celebrate the King's reign.

Dr Sir Timoti Kāretu and Hinewehi Mohi have been instrumental in the creation of the relationship with Six60 through the Māori language translations of their hit, *Don't Forget Your Roots. Kia Mau ki Tō Ukaipō* soared to the top of the global charts. Through this relationship, Ngāti Kahungunu was able to liaise with the Royal Household to make the visit possible. All of the band members are on their own cultural and language reclamation journeys. The band was thrilled to meet the King and his whānau, further humbled by their attendance at the Hamilton concert.

Waka Ama Kahungunu host schools regatta

Julie Tangaere

On March 7 Waka Ama Kahungunu hosted the annual regional secondary schools waka ama regatta at Pandora Pond, Napier.

Traditionally, this regatta is held in term 1 as a leadup to the Secondary School Waka Ama National Championships

at Lake Tikitapu in Rotorua.

Teams from as far as Wairoa and Pukehou came to compete and it was a great day of racing for the students.

Regional Champions for 2021: J19 Mixed W12 250m – Te Aute Pukenui/St Joseph Kereru. J19 Boys W6 250m – Te Aute Pukenui. J19 Boys W6 500m final – William Colenso.

J19 Girls W6 250m – St Josephs Kereru. J19 Girls W6 500m – St Josephs Kereru. J16 Mixed W12 250m – Te Aute Pukehou/St Josephs Kotuku. J16 Boys W6 250m – Hastings Boys High School. J16 Boys W6 500m – Te Aute Poukawa. J16 Girls W6 250m – NGHs Orangi. J16 Girls W6 500m – NGHs Orangi.



Some of the participants in the Waka Ama Kahungunu.

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Te Wānanga
o Aotearoa



Scholarship helps move into hospitality

Te Ara o Tākitimu Scholarship supports duo

Mereohiaohia Wilson-Munday (Ngāti Kahungunu, Ngāti Kahukū ki Whangaroa) and Keren Hiko-Hollis, who is of Cook Island (Ngāti Tuaine) and Māori (Ngāti Kahungunu) descent, both studied the NZ Certificate in Food and Beverage Service (level 3 & 4) at EIT.

As luck would have it, they both landed jobs at Fairways Café at the Hastings Golf Club.

Mereohia also completed a NZ Certificate in Cookery (level 4) and was employed by head chef Kieran Genge as commis or junior chef.

Keren works in the front of house.

Looking back, both women say that a career in hospitality wasn't what they had planned.

Keren originally wanted to join the navy but had to change plans when she fell pregnant six years ago.

She started with a cookery qualification but then moved in a different direction.

"I used to hate coffee but now I love the barista side of my job and make over 100 coffees a day. Practise and showing love for what you do is the secret behind a great coffee. Many of our regulars already wait at the door in the morning, and we know exactly what coffee they are going to



order," she says.

While the team caters mostly to club members, they also host a range of private and corporate functions.

Mereohia moved from Palmerston North to Hawke's Bay after finishing high school.

"I had a few ideas but wasn't sure what to do. I tried hospitality and really enjoyed it. I'm a practical learner, and the EIT tutors made it fun."

Both women received Te Ara o Tākitimu Scholarship, which supports Māori and

Barista Keren, head chef Kieran and commis chef Mereohia.

Pasifika people into trade training programmes.

The scholarship covered all fees and gave the students access to financial learning support, pastoral care, and a work broker who helped support them into

employment. "I don't think I would have been able to study without the support of the scholarship. It was great not having to worry about the money," says Keren.

Asked if they recommend a hospitality qualification, they say, "Do it. You might find out that you really like it."

Head chef Kieran is, without doubt, an avid advocate for the industry.

Kieran, originally from England, has been working as a chef for 12 years now, taking on the most diverse roles, from cooking in a nuclear power site to fine dining.

Four years ago, he followed his partner to New Zealand.

Kieran says there is such a shortage of skilled staff in New Zealand that businesses struggle to find workers with the right skills.

"I really support EIT's efforts to get young people in the industry. And I'm gladly taking on EIT graduates."

Mereohia and Keren highlight the harmony and positivity of their team.

"Kieran is a great mentor who willingly shares his skills and insights."

Mereohia hasn't ruled out working abroad when the world has returned to normal.

Her dream would be to start her own business serving up Māori food with a modern twist, and maybe also own a cool food truck.

Keren says she would be keen to jump on board and run the business together with her friend.

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Up close and personal with new head

Ruth Wong puts some questions to community and business leaders. This week it is Shona West, principal of Hukarere Māori Girls' College.

Meet Shona West, the newly appointed principal of Hukarere Māori Girls College. Hailing from both Ngāti Porou and Ngāti Kahungunu, Shona is one of 12 children, a mother of two and grandmother of three. She recently shared the following thoughts about her journey to date and her exciting appointment.

Q Ko wai koe? Nō hea koe?

A E rua ōku taha; Tuatahi rā, i whānau mai ahau, i tipu ake anō ki Ruatōria – ko Waiapu te awa, ko Ngāti Porou te iwi, ko Hikurangi te maunga, ko Horouta te waka, ko Hinetaipora tōku whare tipuna, ko Mangahāneha te marae. Kei tēra atu taha ōku, ko Ngaruroro te awa, ko Ngāti Kahungunu te iwi, ko Kahurānaki te maunga, ko Takitimu te waka, ko au tēnei e tū atu nei. Ko Shona O'Keefe West tōku nei ingoa. Ko au te tumuaki hou o Te Kāretī Kōhine o Hukarere. I was born and raised in Ruatōria, Waiapu is my river, Ngāti Porou my tribe, Hikurangi my mountain, Horouta my canoe, Hinetaipora my ancestral house and Mangahāneha my marae. I also hail from Heretaunga, Ngaruroro is my

river, Ngāti Kahungunu my tribe, Kahurānaki my mountain, Takitimu my canoe. My name is Shona O'Keefe West. I am the newly appointed principal of Hukarere Māori Girls' College.

Q Tell us about your family?

A Ko taku whānau taku whatumanawa. Tekau mā rua ōku tuakana, taina, tungāne anō hoki. Tokorua aku tamariki. Ko Ihaia taku tama, ko Aorangi taku kōtiro. Ko tane a taku kōtiro ko Isaac Paewai, ā, ko te wahine a taku tama ko Danielle Toatoa. Ko aku mokopuna ko Ruby te mātāmua, ka whai mai ngā pēpi, ko Axton rāua ko Emory. Kei te kōhanga reo me te kura kaupapa aku mokopuna e whāngaihia ana ki te mātāuranga. My family is my everything. I have 12 siblings. I am mother of two, my son Ihaia and daughter Aorangi. My son-in-law's name is Isaac Paewai and my daughter-in-law is Danielle Toatoa. My grandchildren are Ruby (the eldest), and the babies, Axton and Emory. They currently attend kōhanga reo and kura kaupapa.

Q Do you have someone who influenced you? Why?

A He nui ngā tāngata whakaaweawe i ahau. Ko ōku wheako i ahu mai i taku kitenga i ngā tamariki e pikau haere nei i o rātau whānau, koirā te tino whakaaweawenga i ahau, ko te kimi i te ara e āwhina atu ai ahau i a rātau ki te pikau i aua taumahatanga. I have many influential figures who have made me who I am today. I am inspired by my experiences of seeing inspirational young ones working hard to support their families, I am always trying to find ways to help alleviate the pressures they must face.

Q Who are your heroes in your life?

A He rahi aku tuahangata. Tuatahi rā ko taku māmā i whakatakoto wero nei kia whakaaro Māori hei āwhina i a tātau ki te pikau i o tātau taumahatanga. Nāna hoki mātāu āna nei tamariki i whāngai ki te whakaponu o te Atua. Tuarua, ko taku tungāne a Henare me tana hoa pūmāu a Pammy kua mate nei. Nā rāua anō i whakaatu mai ki ahau te whakahirahitanga o te tiaki hāpori. I have many heroes. Firstly, my late mother who constantly challenged us to view the world through a



Shona West

Māori lens to help us work through the challenges of life. She also raised us with Christian values. Secondly my brother Henare and my late sister-in-law, Pammy. They both showed me the importance of looking after one's community.

Q What's the best advice

they gave you?

A Ko ētahi tāngata kei te ki 'me mahi koe mōu ake te painga'. Kei te hē rawa atu tēnei ki ahau! Ko te mea tika i whakaakongia mai rā e aku mātua, ko tēnei: "me mahi koe hei painga mō te whānau". Some people say work to benefit yourself. I believe this is completely wrong! I was taught by my parents that we must work to benefit our families.

Q Tell us a little about your role and what your organisation does?

A He hōnore nui ki ahau taku tūrangā hou hei Tumauaki ki Hukarere. Ko te ngako o taku nei mahi he whakapakari i ngā kōhine katoa mō ngā rā kei mua i a rātau. Me pēhea hoki e tutuki ai tēra? It is a great honour to be appointed as the principal of Hukarere. My true goal is to prepare our young ladies for their future.

Q How did you get here? Why did you consider this as a career?

A Nā te nui o ōku wheako i roto i te ao mātāuranga me te hāpori i hikaka ai ahau ki te whai i tēnei tūnga. I pirangi hoki ahau ki te mahi tahi ki ngā kōhine Māori mai i Aotearoa whānui. My experiences in education inspired me to pursue this role. I am excited about working with our young women who hail from all around Aotearoa.

continued on A19

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AUNTIES GARDEN

Cooking up friendship, and good kai for elderly

Hanui Lawrence

My mother in her mid 80s used to say, "it's no fun getting old" with a slight chuckle. We would laugh.

She also told me not to work too hard.

"Well you taught me mum", I'd say, and off I'd go to work in the large garden that we grew up on.

I'm mindful of our elderly folk.

Recently two ladies came to

the garden.

One was thin with blondish hair and the other bent over slightly on her walking stick, both unfazed by their age, happy to gather some beans and lettuces.

One told me that she no longer wanted to cook for herself and wished an angel would come to prepare her meals.

I thought of my dear friend in her late 80s frail, yet still living in her own home, not wanting to cook either.

So I've stepped forward to

cook a meal for her every other day.

I can't help but have empathy for the many elderly out there who perhaps are lonely and less able to do things as efficiently as they used to.

I've tried various meals for my friend. She has fish or lamb or beef.

This is one of those meals that she loves with fresh garden vegetables from Aunties Garden.

I didn't feel that a recipe was needed for this.

I encourage you to use your imagination with the meatballs.

Just remember, minced meat, onions, fresh herbs and breadcrumbs or flour and an egg to bind.

Everything else is cooked or prepared fresh from the garden.

Meatballs on silverbeet with fresh beans and kamokamo and a side salad is a favourite.

Use your imagination and conjur up some delicious meatballs and a garden salad.



Up close and personal with Hukarere Girls' principal Shona West

continued from A18

Q What do you like most about what you do?

A Ki ahau nei, ko te whakaaweawe i ngā kōhine Māori katoa kia whāia e rātau te kupu whakatenatena nei: "whāia te iti kahurangi, ki te tuohu koe me maunga teitei".

Being able to inspire these young female leaders which is encapsulated in the proverbial saying: "Pursue the heights of excellence, should you bow let it be only to an insurmountable feat".

New principal

Shona West started as the new principal of Hukarere Girls' College in January this year. She is a fun bubbly person and is excited about her new role. Many wahine who attended Hastings Girls High School from 1985 to last year will know Shona West as their Te Reo Māori, art or social science teacher.

Q What's the things you don't like about what you do?

A Ko tāku e tino aroha nei, ko ngā kōhine ka ngaro atu ahakoa te nui o āku mahi hāpai i a rātau. Ka tino pōuri taku ngākau i tēnei tū āhua. I get quite sad when I invest a lot of energy into some of our young ladies and they end up

leaving. This is one of the downfalls of my role.

Q What's the most challenging thing you've done in your life?

A Ko te wehe i taku tūrangā mahi i te mutunga o te tau kua hipa atu nei. He mea tohu mai pea e te runga rawa? Leaving my job last year! I

believe it may have been divine intervention!

Q What's your favourite thing to do?

A Te tākaro ki āku mokopuna. Ko rātau katoa kei taku whatumanawa. Playing with my grandchildren! They are my heart!

Q What's your favourite sport?

A Ko te mātakitaki whutupōro te mea tino pai ki ahau, ka mutu he kaitākaro whutupōro hoki taku tama.

I love watching football, my son also plays!

Q What's your favourite colour?

A Kei te āhua o aku piropiro ...lol. Depends what mood I am in ...lol.

Q What's your favourite kai?

A Ko te poaka te mea reka rawa atu ki ahau. I love pork!

■ Translated into English by Jeremy MacLeod.

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Let's go to Church!

Flaxmere Christian Fellowship
220 Flaxmere Avenue, Hastings
Main Sunday Meeting - 10:30 AM

The Flaxmere Christian Fellowship is a local Church which has been operating since 1980. Situated on Flaxmere Avenue it draws people from around the Hastings and Napier area. This Pentecostal Church was birthed out of the Charismatic renewal of the late 1970's. The main meeting is every Sunday morning starting 10:30. A Bible College also operates on Sunday evenings for those serious about advancing their knowledge of the Bible. Different groups run during the weekend which cater to youth and adults. Children's Sunday school classes run on a fortnightly basis during the Main Sunday service.

The Fellowship aims at reaching people with the Good News of Jesus Christ and the transformational power that message brings. It is involved with different programs in the community to help bring this to pass. The Flaxmere Christian Fellowship is also a strong advocate for the Jewish People's right to exist as an independent and sovereign state on their historical ancient land in Israel.

Feel free to come and try us out!
Main Sunday Meeting 10.30am
Phone 06 879 5588
Email: flaxmerechristianfellowship@hotmail.com
Web: www.flaxmerechristianfellowship.com

Hukarere Girls' College GALA

Saturday 27th March 2021 9am-1pm

17 Shaw Road, RD2, Eskdale, Napier

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