









From left; new directors appointed to the KAHC board are Bayden Barber, Alex Guilleux, Ratahi Cross and Mike Devonshire

Extra directors appointed to asset holding company board

KAHC will manage range of Kahungunu developments

> gāti Kahungunu Iwi Incorporated (NKII) is pleased to announce the appointment of three additional directors and one appointed by the NKII Board onto the Kahungunu Asset Holding Company (KAHC) Board.

 $Ratahi\,Cross, Mike\,Devonshire\,and$ Alex Guilleux along with newly elected iwi chairman, Bayden Barber will be joining the KAHC directors-Heather Skipworth, Barry Wilson and chairman Trevor Moeke. Ratahi Cross is of Ngāti Pahauwera and Rongomaiwahine descent and is involved with a number of companies that have large investments in the Kahungunu rohe, including his family business that has about \$150 million invested in the horticultural industry from Havelock

North across the plains to Fernhill. Ratahi holds a number of positions on various governance boards with horticulture as his main area of focus. Ratahi has a background in natural

science specialising in native flora and fauna and lectures in Māori

Mike Devonshire is an experienced leader, mentor and governance professional and has a background in institutional banking, corporate finance, infrastructure, property, and business leadership. Mike, a Chartered Member of the Institute of Directors, has detailed governance experience working with capital-intensive industries, more particularly the construction, geotechnical, property, port and wine processing sectors. After an early career in rural property management and investment banking, Mike established his own business consultancy in 2002 and has since worked with a wide range of clients providing transactional, strategic and governance advice.

Alex Guilleux is a globally-experienced business leader and adviser with a proven track record of delivering transformational change. He has experience with global market-leading busines driving performance through innovation, strategic growth, operation model and digital transformation. Managing partner of

Corporate Value Associates (CVA) New Zealand, previously he rose through the ranks at PwC Consulting, $moving from\, associate\, in\, 2004\, in$ Paris to partner in 2016 in Auckland. He left in 2019 to become managing director foods and markets of one of the largest vertically integrated horticulture businesses in NZ. Alex brings 20 years of strategy and execution consulting experience; he also led the development of the world's first digital business platform for fresh produce and became the

Together the Kahungunu Asset Holding Company Board of Directors will provide leadership in a whole range of commercial developments.

chief executive of this company shortly thereafter

Newly elected iwi chairman Bayden Barber was appointed by the NKII Board to join the KAHC directorship. Recently Bayden became a chartered member of the

NZ Institute of Directors. A retired Hastings district councillor, Bayden was the former chairman of the Hastings District Council's strategy and policy committee, he is an independent director of Beef + Lamb NZ, a director and former chair of Health Hawke's Bay and a board member of Te Taura Whiri i Te Reo Māori (Māori Language Commission). Bayden feels his extensive governance and council relationships will support in the areas of housing developments and commercial activities of KAHC. He has a desire to improve Ngāti Kahungunu's financial performance and says that our fisheries treaty settlement and assets need to be growing exponentially to increase the benefits offered to members.

Together the Kahungunu Asset Holding Company Board of Directors will provide leadership in a whole range of commercial developments from whenua to fishing, employment to investment and property acquisition to aquaculture.

The Kahungunu Asset Holding Company is the entity established in 2005 under the Māori Fisheries Act 2004, to receive and manage the Treaty Fisheries Settlement assets.

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Hawke's Bay Today

Celebrating our great sportspeople

Teachers honoured with top Ngāti Kahungunu sports award

Ruth Wong

gāti Kahungunu Iwi Incorporated has been a sponsor of the Hawke's Bay Sport Awards for a number of years and has always supported categories that impact on Māori.

Past Hawke's Bay Sport Award legends have included iwi sportsmen and women such as Norm Hewitt for rugby, Caryn Paewai for hockey, Chubb Tangaroa and Thomas Makea Jr, for softball, Paul Henare for basketball and Israel Dagg for rugby union.

This year's 2022 Forsyth Barr Hawke's Bay Sport and Recreation Awards was held last weekend and celebrated many more great sportsmen and women, and groups for their innovative ideas and hard work.

Finalists for the Ngāti Kahungunu
Iwi Incorporated Activating Te Matau
A Māui category were: Adventure
Wairoa for Mountain-biking,
Multisport and Kayaking, Hawke's
Bay Lead Basketball Kahungunu
Poitūkohu Academy for Basketball,
Ihaka Waerea for Development
Programmes for Girls, and Jorian
Tangaere, Raiha Huata and
Whetumarama Paenga for Kura
Kaupapa Māori Sports Entity.

The category winner was Jorian Tangaere, Raiha Huata and Whetumarama Paenga.

These three teachers were instrumental in developing the Kura Kaupapa Māori Sports Entity,



allowing their schools to unite and strengthen their capacity and ability to have the numbers to participate in sporting activities in inter-school competitions. Jorian Tangaere, PE teacher, administrator and head of rugby - TKKM o Te Ara Hou, Raiha Huatahead of netball - TKKM o Ngāti Kahungunu ki Heretaunga and Whetumarama Paenga - head of basketball - TKKM o Te Whare Tapere are three experienced sportspeople dedicated to this kaupapa.

"We established the Ngā Kura Kaupapa Māori (KKM Sports Entity) in 2022 with the idea of having a competitive presence from our Kahungunu Kura Kaupapa within the sports arena in Hawke's Bay," Jorian said.

In keeping with their principles and values as a Kura Kaupapa Māori collective, the idea has been to deliver all activities in tereo Māori, with Kahungunu tikanga and kawa underpinning the planning, development and delivery of all activities and initiatives.

"Our aim was to introduce,

"Our aim was to introduce, develop and grow student participation in three primary sports -basketball, netball, rugby within our three local kura kaupapa Māori," Jorian said.

This idea was identified as each kura was unable to offer up the numbers for specific sporting codes due to lower numbers of students in their schools.

"Our intention was to create a collaborative initiative between all three kura to offer and provide an opportunity for our rangatahi to engage in these team sports. Further to this, we aimed to support our tamariki to develop their own self confidence to expand their individual capabilities in a way that supports them to enhance unique skills and strengths that are an integral part of their cultural identity as kura kaupapa Māori students," Jorian said.

A major difference with the Kura Kaupapa tauira is that te reo me ona tikanga comes naturally. Hauora sessions for the kura focus on Te Whare Tapawhā - (1) Physical fitness, (2) Nutrition workshops, (3) Leadership workshops, and (4) Tuakana/Teina opportunities. This kaupapa is specifically aimed

This kaupapa is specifically aimed at rangatahi Māori aged 11-17 years.
As a result of this united effort, the

As a result of this united effort, the Kura Kaupapa Māori have had four competitive teams in various sports this year; Netball - Year 9/10 grade Te Aho Tāngaengae o ngā Kura Ngāti Kahungunu Iwi Incorporated (NKII) chairman Bayden Barber (left) with the recipients of the NKII sponsored award Active Te Matau a Māui Award - Ngā Kura Kaupapa Māori Sports Entity.

Kaupapa were overall winners for the 2022 season. Basketball junior boys team Te Herenga Aho o ngā Kura Kaupapa finished third overall in the junior boys basketball season 2022. Basketball junior girls team Te Aho Whītiki o ngā Kura Kaupapa were overall winners for the junior girls basketball season 2022, and rugby team Te Aho Tutuki o ngā Kura Kaupapa played the curtain raiser to the Magpies game held on August 12.

Iwi chairman Bayden Barber presented the Ngāti Kahungunu Iwi Incorporated Activating Te Matau A Māui award to Jorian and some of the students who were present on the night.

It was well received and well deserved. It so happened that this event coincided with the Kura Kaupapa Māori Ball event which was also a great success. Ngāti Kahungunu Iwi

Ngāti Kahungunu Iwi Incorporated congratulates all participants, nominees and especially those acknowledged on the night.

There are many unsung heroes who continue to give to our communities by supporting sports and activities to keep our community active. We also acknowledge the organisers of the 2022 Forsyth Barr Hawke's Bay Sport and Recreation Awards and the sponsors for making their great contribution to our community wellness.

Ruth Wong is director of Smart Services, communications adviser

Hon Meka Whaitiri
MP for Ikaroa-Rāwhiti

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We established the Ngā Kura Kaupapa Māori (KKM Sports Entity) in 2022 with the idea of having a competitive presence from our Kahungunu Kura Kaupapa within the sports arena in Hawke's Bay

Jorian Tangaere

Mentors changing young people's lives

Big Brothers Big Sisters focuses on emotional, social and life skills via positive role modelling

Kath Bovd

or 118 years, Big Brothers Big Sisters; Tuakana Teina, has changed lives and communities all over the world by matching young people with suitable adult role models who aim to build positive long-lasting relationships.

relationships.
Big Brothers Big Sisters
(BBBS) has a long and strong
history, because the
mentoring model is simple and
it works.

BBBS reached New Zealand (from America) in 1996 and the first branch was established in Tämaki-nui-a-Rua (Dannevirke). It is the oldest youth mentoring programme in the world having been around since 1904.

There are 12 branches operating across Aotearoa providing professionally supported one-to-one mentoring relationships between adult volunteers and young people. In Te Matau-a-Maui, they accept referrals for young people between the age of 6 and 11 and once matched they can remain on the programme until age 18.



Kaine and Alasdair on Match Day. Alasdair says he gets to see the world through a different lens. "I enjoy spending time with my mentee, I've got the excuse to go and do things that I normally wouldn't and I've gained a bonus son."

The rest of Aotearoa envies the lifestyle in Te Mataua-Maui and the enormous potential our region has to offer. It's renowned for fertile soils, an excellent climate, a world-class port, and the talented and entrepreneurial people who live here.

At the same time, it must be conceded that the community of Te Matau-a-Māui is in crisis. Levels of family violence, gambling addiction, and drug and alcohol abuse are frightening. Meanwhile, many young people are not in employment, education, or

training; it's no wonder there is a struggle to find reliable and motivated staff.

BBBS is one of the most trusted youth mentoring programmes in Aotearoa. In Hawke's Bay since 2017, more than 169 lives have been impacted for the better. That's

169 young people with another positive role model in their lives, and 169 whānau who can learn from and be inspired by their young people.

How it works

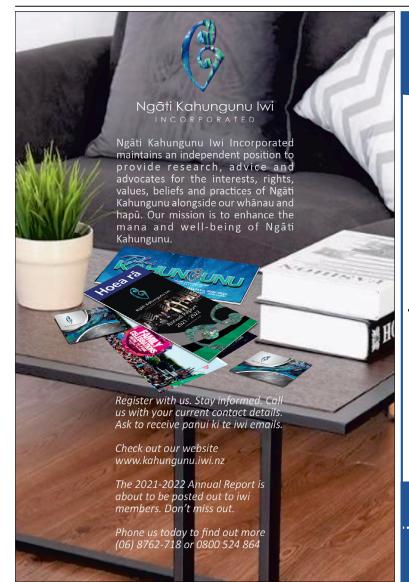
Each young person is matched with a suitable mentor based on personality, shared interests and geographic location. Once a week, they meet to spend time together, participating in fun activities such as bike rides, walking, cooking, crafts and other hobbies or projects. There is an emphasis on establishing social, emotional and life skills through positive role modelling by their volunteer mentor.

BBBS are always looking for new mentors and currently have a need for male mentors across Ahuriri/Heretaunga, and female mentors in the Heretaunga and Te Hemo a Te Atonga/Havelock North area.

Mentors are interviewed by the team at Big Brothers Big Sisters, police-vetted, referee checked, trained and offered ongoing professional support and development for their time as a mentor (minimum of 12 months).

• To inquire about becoming a mentor or referring a young person, please contact Big Brothers Big Sisters Hawke's Bay on 022 175 2296 or hawkesbay@bbbs.nz

Kath Boyd is Big Brothers Big Sisters programme manager



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AUNTY'S GARDEN

World's our oyster with the arts festival

Fantastic to 'share the dream' with the great Dame Malvina Major

Hanui Lawrence

rts festival month that has just passed featured a wealth of events in Hawke's

, Well-known artists and some not so well known. nonetheless enjoyable to all who saw the shows

I was fortunate to see Sharing the Dream by Malvina Major. Dame Malvina has bought us all here, not just because of her operatic career but because of her heart, her warmth and her generosity of

The evening concert was a travel through time with her savoury of treasured memories and discovery of insights about her life, her passion for stage and her commitment in ensuring that the next generation of artists



have what they need from her, so that they themselves can take the mantle of developing and protecting the future of our young performers.

It was an excellent evening of song and narration by our local talented performers who have benefited from her foundation of talent and learning.

We were so fortunate to meet and greet Ian Mckay and his wife Heidi who had come from Salt Lake City as special guests of Malvina for the

evening show. Ian had a lot to do with Bonneville Communications and travelled the world with the Church of Jesus Christ of Latter Days Saints Tabernacle



Today's recipe is Glazed Mussels. I hope you enjoy them as much as I did.

GLAZED MUSSELS

- You need 20 fresh mussels in the shell.
- Shuck the mussels from the shell, remove the hair of the mussel and completely remove

the mussel flesh then place back in a half shell.

- Layout the mussels in an oven tray and put into the oven at 150 degrees for 5 minutes.
- While baking, finely chop 4-5 cloves of garlic, add 2 Tbs of coconut cream, 2 Tbs of chilly sauce and 2 Tbs of cream and a squeeze of lemon in a bowl
- Take mussels out of the oven

and pour spoonfuls of the sauce over the mussels

- Top with mozzarella cheese then further bake for 5 minutes.
- Serve immediately
- Best sucked whole straight from the shell.
- They're delicious! Enjoy.



Nga Pakeke o Maraenui regulars Back Marcia Crawford (co-ordinator) Tieri Morris Crete Pinkham and front Joe Ngā Pakeke



Elders group socially active

Maxine Boag

Every Monday morning, a group of elders (Pakeke) meet in a church building in the Maraenui shopping centre, under the auspices of Napier's Age Concern. They have speakers, activities and fellowship to keep them occupied.

Currently one of Age Concern's largest and most active groups, these residents

spend a couple of hours together singing songs, listening to panui or outside speakers, eating donated kai, drinking cups of tea and of course chatting to each other.

Long-standing member Crete Pinkham says she enjoys "getting out of the house and meeting other kaumatua."

Although the group has a tikanga Māori focus, everyone is welcome; they have Pasifika and Pākehā members who are

part of this roopu.
The group started in 2018
and has gone from strength to
strength. Co-ordinator Marcia Crawford said that being socially connected was important for older people who are often isolated at

Currently they are starting a ukelele class, and practising Christmas carols to perform at upcoming Maraenui public

Medical alarms help at end of a button

Devices help older people live independently

Ruth Wong

veryone loves their independence and freedom, especially our senior whānau members. Family members also want assurance that their parents and grandparents live independently, but it's important to know they are always safe.

Whatever your circumstances are, we all need to have a plan for emergencies. Let's say you or your loved one needs help. It might be a fall, a house break-in or a fire. The question is, will you be able to call anyone? How are you going to get the help you need? Do you have a plan?

Sharon Ross, a medical alarm specialist, has been helping people with medical alarms for at least five years. She has specific interest in helping our elderly access medical alarms to help them gain the security support, and emergency help needed during an unexpected time.

Health issues happen to our seniors when they are alone and they have no way to call for help. A medical alarm provides 24-hour

access to the ambulance, police or fire brigade. It even detects if a person falls on the ground. Your koro or kuia can carry the alarm pendant on their keys or on a pendant around their wrist or on a chain around their neck During an emergency, they hit the button on the pendant or base unit and help comes. When activated, a care team will keep in touch with you until help arrives.

Ministry of Social Development funding is available for some people.

Last year on two occasions I was unable to call for medical help and assistance. This year, now that I have a medical alarm, I was able to access help.

An unnamed client

You have nothing to lose by inquiring. They even pay for the ambulance fee and offer a free lock box for a spare key so services can assist you if you can't move or your home is locked.

"I am so thankful to have been introduced to this service. Last year on two occasions I was unable to call for medical help and assistance. This year, now that I have a medical alarm, I was able to access help. I felt immediate relief and peace of mind knowing that assistance was on the

way.
"WINZ provided support with payments and all that is needed is a letter of confirmation from a General Practitioner. It monitors me only in the area of my home, so if If I'm not able to answer they dispatch an ambulance to your home address.' A client who would like to remain unnamed.



By informing our community and increasing community awareness, we can help more people by being prepared before something happens. It could save a life," Ross says.

"I had an experience when I visited my aunty who lives in the country On arrival, an ambulance was also arriving. My heart sank but when I went inside, my aunty was okay, and oblivious to what was going on.

Medical alarm specialist Sharon Ross

"Her husband had fallen off the ladder and his medical alarm enabled the alarm and the ambulance arrived to find him outside on the ground. We were lucky he had his medical alarm.

"On the other hand, I had another aunty who fell at home and no one knew for three days. She had been laving there in pain all that time.

"It makes me feel sick thinking



The Flaxmere Christian Fellowship is a local Church which has been operating since 1980. Situated on Flaxmere Avenue it draws people from around the Hastings and Napier area. This Pentecostal Church was birthed out of the Charismatic renewal of the late 1970's.

The main meeting is every Sunday morning starting 10:00. A Bible College also operates on Sunday evenings for those serious about advancing their knowledge of the Bible. Different groups run during the weekend which cater to youth ad adults. Children's Sunday school

classes run on a fortnightly basis during the Main Sunday service.

The Fellowship aims at reaching people with the Good News of Jesus Christ and the transformational power that message brings. It is involved with different programs in the community to help bring this to pass. The Flaxmere Christian Fellowship is also a strong advocate for the Jewish People's right to exist as an independent and sovereign state on their historial ancient land in Israel

Flaxmere Christian Fellowship - 220 Flaxmere Avenue, Hastings Main Sunday Meeting 10.00am - Phone 06 879 5588 Email: flaxmerechristianfellowship@hotmail.com Web: www.flaxmerechristianfellowship.com

Whānau Day celebrates achievements

People can change when they have the right support groups, the right people who can influence for good, and all of this, right in your own community. **Kahui King** shares her story about her journey to better health and wellbeing.

fter years of self-neglect and depression, I gained a huge amount of weight, from 80kg to 189kg.

Put that together with crippling sciatica, degenerative disc in my lower spine, osteoarthritis and I was born with a mildly twisted spine, so every day was lived in extreme pain and I couldn't walk far, stand for too long or do anything without a lot of assistance.

My concerned whānau contacted Te Kupenga Hauora in Ahuriri and Charles Rask became my first step to wellness with strengthening exercises and healthier food choices and loads of judgement-free support and encouragement.

After a time, I became stronger and lost a little weight and ended up following my children and my siblings to Patu at the fitness Pod at the Maraenui Shopping centre. I hid in the car and wrestled with myself whether I was going to get out. Anxiety was going crazy! But when I looked outside of myself for a minute, I saw something that has changed my life. I saw kids running around playing on the park and playgrounds, and the fitness Pod whânau and older kids playing 2 Touch, warming up for their training session.

Istill couldn't walk far at all and needed a walking stick to be able to go any distance over 30 metres but after everything I'd just seen, I had to get closer so I could see my children and siblings training with

everyone. I sat on the steps and watched our beautiful people, of many different ages and all sizes doing things that I could only imagine doing in some far-off fantasy land.

On my third time there, walking stick in tow, I slowly began walking around the 200m loop which took me almost 30 minutes to complete while the rest of the Patu whānau did their HIIT (high intensity interval training) workout.

This was at the end of April 2021. Now I am not only able to jog around the 400 metre loop multiple times, I can train alongside my kids and our Pod whânau. A few months ago, fitness guru Levi Armstrong began asking our Pod Whānau if we would be interested in doing a Foundation Course in Health and Exercise if they could get one started at EIT Maraenui, and a few of us said yes.

Since those conversations, a level 2 programme was written up for us called Foundation Skills Certificate in Health and Exercise'. We're now into our last assessments at the end of our course. It's been amazing!

As part of the course, our class

were part of an eight-week fitness and wellbeing challenge called 'Maui and Muscle'. The challenge has attracted more than 300 people. On Saturday, November 12, our group will celebrate our achievements by way of a Whānau Day. The purpose of the day is to unify our communities from Ahuriri and Heretaunga in celebration of all we have achieved, not only for the prizegiving and the



end of the eight-week Maui and Muscle Challenge, but for all our whānau and all the unseen, unheard, small wins in the pursuit of a healthier, more enriched future for our whānau and our communities of Ngāti Kahungunu.

Our kaupapa will run from 11am to 3pm and include bouncy castles for the kids, face painting, whânaufriendly games for everyone to take part in, and performances by local artists, spot prizes, a tug of war and a 2 Touch tournament. There will be sunscreen stations as well. A free sausage sizzle and water will be available throughout the day.

Kahui King slowly began walking around the 200m loop which took her almost 30 minutes to complete. Now she can jog around the 400 metre loop multiple times. attracted over 300 people

So far we have reached out to a few of our Māori health providers to tautoko our event and it has been overwhelming. I would like to acknowledge Te Taiwhenua o Te Whanganui a Örotu, Te Kupenga Hauora, Te Taiwhenua o Heretaunga, Te Roopu a Iwi Trust, Ngāti Kahungumu Iwi Incorporated, the Cancer Society, the Maraenui Māori wardens and the whole community

Our class

an eightweek

fitness and

wellbeing

challenge

challenge

has

called 'Maui

and Muscle'.

were part of

of Maraenui for their support. Everyone is welcome to the Whānau Day - Saturday, November 12,11am at the Maraenui Shopping Centre. Come and be inspired, come enjoy a day out with your whānau.



Monday, November 7, 2022 www.hawkesbaytoday.co.nz 19





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Pā Sports

All sporting codes are
CANCELLED this year with the
exception of marae tug of war at
1.30pm on the sand pit and
euchre that will start at 12.30pm
or as soon as the AGM ends.

Praft Minutes Agenda
Annumahara 2021-2000

Bring your big picnic lunch and make this a fun day for your whole whan au