Celebrating together on our big day

Te Rangi Huata

aitangi Dav. our national day, will this year be marked on

Monday, February 6.
Many New Zealanders will treat the occasion as a long weekend like Labour weekend and Queen's Birthday weekend and go away for short holidays and visit family or friends.

Over the past decade or two New Zealanders have been attending local ceremonies and celebrations to mark Waitangi Day and the numbers are growing year after year. Waitangi Day has also

created positive memories for thousands in our Hawke's Bay community, with more than 10,000 people attending annual Waitangi Day Family Celebrations at Mitre10 Park in Hawke's Bay (HB Sports Park).

Taikura seniors kapa haka group has been performing at Waitangi Day celebrations since2008. Started by Tama Huata in 2007 to keep seniors active in kapa haka, the ropu has become a tradition, always performing before the day's formal ceremonies.

Observing Waitangi Day in Hawke's Bay started in 2000. I was the chairman of the Māori Millennium Committee at the time and we had organised a dawn ceremony at Clive with Ngā Tukemata Waka Taua on the river to welcome the rising sun on the first day of the new millennium. It was hugely successful and inspirational

for all those that came along. Over breakfast, those of us in the committee agreed it was

a wonderful occasion and we were still filled with euphoria over what had just occurred. We agreed to capitalise on the success of the one-off dawn ceremony and to do something that was more lasting, like a legacy. I suggested Waitangi Day as it was coming up within six

weeks and the committee wholeheartedly agreed. That's how our Waitangi Day celebrations started. It wasn't the "done" thing in those days. People preferred to call it a commemoration, but I've always believed we have every reason to celebrate as the original treaty signing document was about partnership between the Crown and Māori.

In 2000 our budget was \$300 and we had no expectations of how many people would show up, but around 500 people came along to Farndon Park, Clive. Ever since then, the occasion has been marked by a hikoi (walk), a ceremony with waka and craft on the water, entertainment, a food market and sport.

Touch has been a sporting tradition on Waitangi Day since 2001 and Anaru Bartlett has been the sole organiser of that tournament to this day. He is the epitome of passion for touch and he and his family have embraced living a healthy lifestyle in their lives,

work and play.
Another Waitangi Day
tradition has been Ngā Tukemata o Kahungunu waka, one of the first waka taua in Aotearoa for men and women. The waka is owned by a trust that uses the waka in



a programme for people with mental disabilities since 1994. The waka is operated by Jim and Marie Edwards and the community has always been welcome to row the 40-man waka during the day-

long celebrations – up to 10 trips are normally scheduled. Sadly this activity is no longer offered because the river has been silting up for years and is too shallow to safely paddle on now. It's a real pity, as this was a popular activity for visitors in the early days of cruise ship visits to

Napier. By 2010, the Waitangi Day event at Farndon Park had become hugely popular, attracting thousands of people and hundreds of cars with no $room\, for\, expansion.\, Land$ opposite the park used for parking was sold to a developer for housing so I discussed with the committee the option of moving the Waitangi Day event to the Hawke's Bay Sports Park.

My reasoning at the time was that the sports park offered excellent event benefits including safe off-road parking, expansion of sports to include more codes, a 2000-seat stadium with more toilets than McLean Park, Napier and the potential to



Sadler and daughters enjoying a Waitangi

Day

celebration. Photo / Supplied

grow the event. Committee members were

lukewarm about the idea but in 2011 agreed to support a two-part plan. Farndon Park would host a twilight water event on February 5 and a morning water ceremony the next day and finish the day at the sports park with sports, entertainment and a food village. Waipureku Waitangi Commemoration funded by all three local councils has replaced the Farndon Park event and is now centred around Waitangi and the Clive River and still attracts visitors to the morning ceremony.

Over the past 10 years, Waitangi Day has grown to be the biggest annual event MitrelO Sports Park Hawke's Bay hosts, with 10,000-plus visitors coming and going all day to the free event.

Ngāti Kahungunu Iwi Incorporated is the only iwi to be the main funder of a Waitangi Day event for a major centre in New Zealand.
National and international

acts have included Ardijah, House of Shem, Tomorrow People, Sammy J, Fiji, Ria Hall, Savage and Aradhana. Our

Waitangi Day event has also hosted two Ngāti Kahungunu Regional kapa haka

competitions.
Sports we have hosted over the decade have included volleyball, netball, touch, rugby league, ripper rugby, Ki Orahi and 3x3 basketball.

Since 2017 we have booked Mahons Amusement rides and they have provided free rides all day to thousands of thrill-seekers of all ages. I am always delighted to see the thousands of people who come along and genuinely enjoy themselves.

Most of the food vendors come year after year and most sell out. It's good for business and our event supports around 60 businesses. Ten community, sports and school groups also use this occasion as major fundraisers and service providers have always seen benefits to their participation.

Waitangi Day celebrations were cancelled last year due to Covid-19 restrictions on events so I am so looking forward to us coming together again to celebrate family. community and nationhood in real time on our national day.

Ngāti Kahungunu Iwi Incorporated acknowledges the support of our funders who have come through to support our day. Check out our poster on the back page of this publication of Tihei Kahungunu for more information.

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The Funeral Trust





AUNTY'S GARDEN

Beautiful veggies flourishing in wet

Yummy quiche perfect in summer with fresh salad

Hanui Lawrence

ouldn't it be wonderful if we all had a perfect balance in our lives, where everything was y and in place?

Not perfect, but pleasant, and where happiness abounds all of the time. Haaah – but no. not so.

I guess without contention or spurious occurrences in our lives, we would not learn very much at all. The good, the bad, the weak, the strong, the soft, the hard, the highs and the lows that most of us experience in life at some time or other, help us as we go through life.

As witnessed in the lives of some of my grandchildren – one grandson, after a relationship breakdown and months of me listening to his guitar and his sad song that went on forever, has now finally ceased, and I sense some peace of mind in the air.

Or, there's my granddaughter and her moments of melancholia. We quietly tiptoed around her until she eventually returned to her old self.

I have at least eight grandkids now of marriageable age, and we're waiting for further great-grandkids, which I will not have the pleasure of meeting if they don't hurry up.

At Aunty's Garden, the greens are in full bloom thanks to the consistent



Hanui Lawrence from Aunty's Garden says the greens are flourishing thanks to all the rain.

The weeds are gathering momentum after my one-week break at our family reunion during Christmas, but there are lots of beautiful vegetables flourishing. 2023 has started off in earnest

Let us eat the best, eat well and live to enjoy.

BASIC QUICHE

What you need:

Flaky pastry

- 3-4 bacon rashes
- 2 onions 2 tomatoe
- 6 eggs
- ½ cup cream
- 3/4 cup mozzarella cheese ■ Half a cup of grated courgettes
- A few spinach leaves
- Salt and pepper

Method:

Roll your pastry and line your dish.

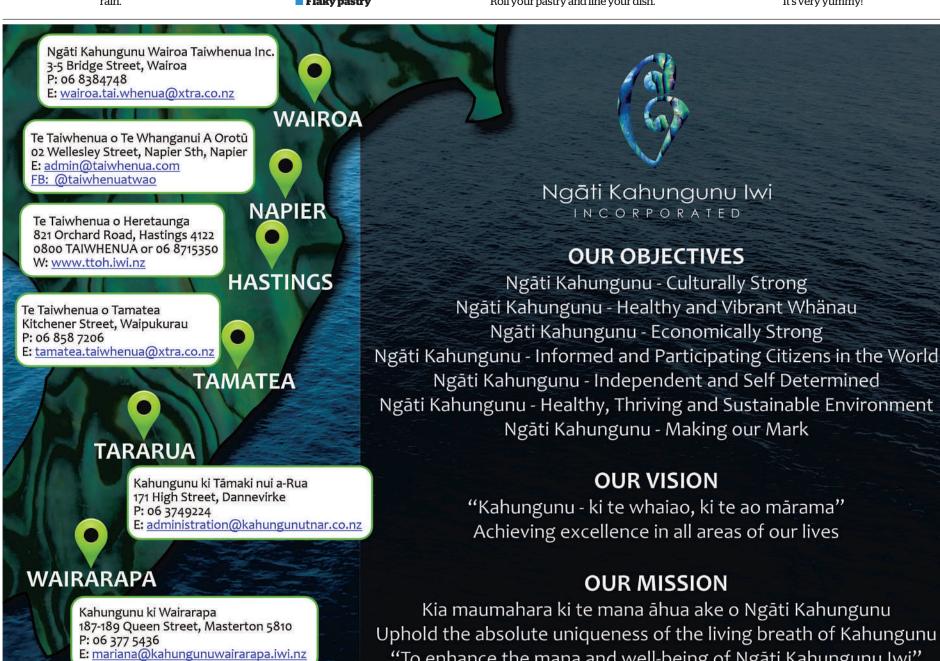
"To enhance the mana and well-being of Ngāti Kahungunu Iwi"

Aunty's delicious Finely chop bacon and onions, sauté then put aside.

Put eggs into bowl and beat. Add in the cream, bacon and onions, salt and pepper, the grated courgettes and the spinach leaves. Pour the mixture into your pastry dish, slice tomatoes on top and then add the chees

Bake in a nice hot oven at 180C for about 35 minutes or until cooked.

Eat your fresh quiche with a nice side plate of fresh salad vegetables. It's very yummy!





Working smarter for a common cause'

clear ambition of the Ngāti Kahungunu Iwi Incorporated (NKII) board chairman, Bayden Barber, has been to build relationships and connect with other organisations in the community to build on our common goals and aspirations for whānau, hapū, iwi and community development.

Late last year, an invitation was extended from the NKII board to the Hawke's Bay Regional Council (HBRC), and Te Kahui Ohanga (TKO) Post Settlement Group Entities (PSGEs) to attend the first NKII board hui of the new year which took place on Thursday, January 19. The objective of the invitations was to connect, share aspirations and build a good relationship.

The day commenced with the

HBRC meet and greet, a mihi whakatau/welcome and the coming together of two boards which have common interests to protect the natural environment.

Among the HBRC team were Kahungunu leaders — Cr Charles Lambert from Te Wairoa, Cr Hinewai Ormsby from Te Whanganui A Orotu, and Cr Thompson Hokianga from Heretaunga. Thompson wore a dual hat as he is also the Heretaunga Taiwhenua representative on the NKII board.

Discussion topics included the HBRC Māori committee and links to Taiwhenua, to ensure that the voices of hapū, marae and whānau are heard on environmental activities. The first Māori committee will meet next month.

"We have evolved as a council in

Today is a special day that demonstrates progress in our mahi

James Palmer

terms of effective partnering of iwi, central and local government and consistent for Māori representation at a governance level," Ormsby said. Current HBRC chief executive

Current HBRC chief executive James Palmer felt positive about the meeting. "Today is a special day that demonstrates progress in our mahi," he said. "There is a vast amount of ongoing work that is in front of us all and I'm excited and proud that we have built the partnership foundation."

After a shared lunch, the NKII board met with the Te Kahui Ohanga (TKO) a group made up of Heretaunga Taiwhenua and Post Settlement Group Entities. An open discussion took place about working collaboratively now and going forward as they work on common aspirations and strengthen the relationships that may bring further opportunities for whānau, hapū, iwi development.

"This is groundbreaking and the future looks brighter as we unite and collaborate efforts, working smarter, unitedly for a common cause which should always be to strengthen, sustain and enhance the mana and wellbeing of our whānau, hapū, iwi, and the communities and environments in which we live. This particular mahi we are doing is all about whakapapa and our need to come together," said Brian Ruawai-Hamilton, NKII board member.



Judgement Day verdict — great sucess for all

Electric weekend for CrossFit community

Henry Heke

fter spending nearly two full years in a holding pattern because of Covid-19. Judgement Day 2023 kicked off CrossFit's 10-year anniversary on January 20, 2023, with 186 athletes registered for seven events being held over three days at five venues.

Judgement Day is one of the most exhilarating and longestserving CrossFit fitness events

ever seen in New Zealand. It's where aspiring and elite athletes alike come together for an electric weekend that shows off the true spirit of the CrossFit community.

Day 1

The first event that took place on Friday afternoon was held inside the Hawke's Bay Community Fitness Centre – a 3000-metre row on Concept2 rowers, followed by 300 double-under skips.

With less than one hour's rest and a venue change.

athletes were required to complete a 300m swim for time, as well as prescribed body-weighted movements in the newly built world-class Olympic and World Championship standard pool, at the Hawke's Bay Aquatic centre.

Athletes were introduced to one of Hastings' iconic facilities and parks, Splash Planet, where they were required to run 380m against the current of the lazy river, followed by a 400m sprint to the finish line.

With less than 45 minutes and another venue change for the day, athletes returned to the Mitre 10 Sports Park and participated in an Olympic lifting event, the snatch ladder,

and a clean ladder. Later in the afternoon, athletes finished with a traditional functional WOD (Workout of the Day), an event that had ascending reps of: shoulders-to-overhead, box jump-overs, dumbbell devil



presses, and a 200m run followed by a ground-toshoulder with an Atlas stone. This event rounded off the

Day 3
Athletes were invited to CrossFit Napier, where they completed two more workouts that included the use of Concept2 BikeErgs, more

Lisa Peni on machine during one of the challenges at the 2023 CrossFit Judgement Day.

Olympic lifting, handstand push-ups, and bar muscle-ups, just to name a few.

The top three ranking teams for each division were then named. The divisions included $Masters, RX, Intermediate \, and \,$ Scale.

Judgement Day 2023 was delivered by CrossFit 879 Flaxmere and a mighty team of supporters.

Aspiring and elite athletes alike come together for an electric weekend that shows off the true spirit of the CrossFit community.

We thank the key rganisations that made this 10th anniversary a great success and all the volunteers and support behind the

Planning for Judgement Day 2024 is already under way, and promises to be bigger, brighter and just as

challenging.
CrossFit is a lifestyle characterised by safe, effective exercise and sound nutrition. CrossFit can be used to accomplish any goal, from improved health to weight loss to better performance.

The programme works for everyone – people who are just starting out and people who have trained for years.



If you're interested in finding out more, check out https:/ /crossfit879.co.nz/. Henry Heke is an event manager and CrossFit

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Introducing Kim Cook

Ko Whakapunaki te maunga Ko Te Wairoa Hopupu Honengenenge Matangi Rau te awa Ko Takitimu te waka Ko Ngati Kahungunu ki Wairoa toku iwi Ko Ngati Pahauwera te hapu Ko Ruataniwha me Taihoa nga Marae Ko Kim Cook ahau

Iwi welcomes new 'Te Kura' kaiāwhina

n Monday, January 23, Ngāti Kahungunu Iwi Incorporated welcomed Kim Cook who will be joining the "Te Kura" team as the kaiāwhina (advocate).

Cook will work alongside Te Kura lead Chris Karaitiana and programme coordinator Melanie Humphries. Her role will be focused on providing support to the whānau who are engaged with the programme.

Te Kura is a Ngāti Kahungunu approach to Whāngaia Ngā Pā Harakeke, Which is a New Zealand police initiative that encourages collaboration with iwi and other agencies to reduce family harm within Māori communities.

The programme has been running in Kahungunu for more than 12 months and has made significant progress to the way police work with our whānau. Kim will add value to

the team's efforts. Cook hails from Kahungunu ki Te Waiora and has 19 years of work experience in numerous government departments including the Ministry of Social Development Work and Income, NZ Transport Agency, the NZ Defence Force, and the Department

of Corrections where she last worked. Cook served in the NZ Army from 1999 to 2003 where she met her husband and they have a lovely

young family.

At Cook's mihi whakatau, her parents shared that they also work for the Department of Corrections and with retirement just around the corner, they are pleased that she has $moved into this \, new \, role \, with \, the \, iwi$ where she can influence and support whānau in a more positive way.

Ngāti Kahungunu Iwi Incorporated chief executive Chrissie Hape is pleased to see the progression of Te Kura and welcomed Kim and her family to our tari. Fifteen police and agency representatives came to Cook's whakatau to join the iwi in welcoming Kim into her new role.

Although Te Kura is still relatively new, Chris and Mel have made significant progress in building the partnerships between Ngāti Kahungunu Iwi Inc, police and local agencies which are involved in supporting whānau such as Dove Hawke's Bay and Women's Refuge. Cook will take the relationship to a new level as she represents the voice of whānau in their inter-agency hui.



Kim Cook and Te Kura lead Karaitiana.

Photo / Supplied



TE HERENGA WAKA^O

O AHURIRI **KAUHOE** MOA

TAKE THE PLUNGE SATURDAY 18 FEBRUARY

The Napier Port Ocean Swim is the perfect challenge for people of all swimming levels. Napier's Hardinge Road is the ideal ocean swimming setting for this individual and team event. The water is warm, usually flat and calm and follows the beach down to Napier Port and back. Grab some friends, workmates or family members and take the plunge!

INDIVIDUAL EVENTS INCLUDE:

- 200m Pak n Save Napier Kids Classic
- 500m Caroline Meo / Bayleys **Individual Dash**
- 1km Hawke's Bay Regional **Council Individual Classic**
- 2.5km blueseventy Individual Ultimate

TEAM EVENTS INCLUDE:

- 500m Kerry Geange /
- Bayleys Teams Dash 1km Napier City Council Teams Classic
- 2.5km T+G Global Teams Ultimate

REGISTER NOW!

Online entries close 9pm Thursday 16 February 2023. There will be no late entries on the day. www.napierportoceanswim.co.nz

Battlegrounds success for Hip Hop siblings

iblings Maia and Joseph Bassett received funding to participate in the World Supremacy Hip Hop Battlegrounds in Sydney, Australia, which was held toward the end of last year.

Both Maia and Joseph are members of the Rezpect Dance Academy and have been loyal Rezpect dancers for many years.

Maia started ballet lessons when she was 4 and went into hip-hop dancing when she was 8 and has been going at it for the past 10 years. Joe started when he was 8 and has continued to love dancing.

Dancing has become a way of life for both Maia and Joe. The experiences they have had both locally and overseas have helped them to grow in the dance industry and build confidence in themselves, their team and also build opportunities to experience $travelling, shopping \, and \, other \,$ cool things.

"This particular overseas trip was an amazing opportunity for both of us," Maia, 18, said.

"For many of our dance members, this was their first time going to Australia and for others it was their first time on

Pepeha

Ko Whakapaina te maunga Ko lwitea te marae. Ko Ngāti Kahungunu te iwi. Ko Poutawa te whanau.

a plane, so within our team there were a lot of nervous but excited people.

Their daily routine leading up to the competition involved an early morning training for the different dance groups, some practising their individual, duo or team moves

The place where they stayed provided the best undercover patio which meant they could train in any weather conditions and not get wet or too hot. These were crucial trainings because, even though they were somewhat short ie. just under two hours long, they kept the team focused on their dance routines.

Maia and her brother did a lot of shopping and visited malls, a theme park, the Sydney Opera house, the Sydney Zoo and lots of other interesting places. At times, while out and about, the crews would randomly do their dance routines like a flash mob. This wasn't to attract



crowds but to capture cool video footage for later viewing

On the night before the competition, the Battlegrounds hosts held their opening night social for all of the dance groups to come together to get to know each other and eliminate any nerves.

The World Supremacy Battlegrounds dance competition day was a great experience. Joseph performed in his Young Gunz Solo and $Crew, while\, Maia\, performed\, in$ Rezpect dancers participated in World Supremacy **Hip Hop** grounds in Sydney, Australia.

Photo / Supplied

her Cell division Solo and Adults Crew. It was a tough competition and although they didn't place in the top 3 they knew that they were up against tough competition that would be hard to beat. They didn't give up or give in to their feelings and they were happy with the results because they gave it their best.

"My duo was awarded a Diamond Award for the Most Outstanding Dance," Maia said. "I'm really pleased about that".

Maia is now a tutor at the Rezpect Academy and has been taking crews for many years while dancing herself. She is concentrating on heading to the USA this year to grow her dance skills and

knowledge. Joe has been an assistant tutor in the past and will lead a crew this year.

Joe is a Ýear 10 student at Karamu High School and has plans to dance in three crews and tutor a team this year.





The Flaxmere Christian Fellowship is a local Church which has been operating since 1980. Situated on Flaxmere Avenue it draws people from around the Hastings and Napier area. This Pentecostal Church was birthed out of the Charismatic renewal of the late 1970's.

The main meeting is every Sunday morning starting 10:00. A Bible College also operates on Sunday evenings for those serious about advancing their knowledge of the Bible. Different groups run during the weekend which cater to youth ad adults. Children's Sunday school

classes run on a fortnightly basis during the Main Sunday service.

The Fellowship aims at reaching people with the Good News of Jesus Christ and the transformational power that message brings. It is involved with different programs in the community to help bring this to pass. The Flaxmere Christian Fellowship is also a strong advocate for the Jewish People's right to exist as an independent and sovereign state on their historial ancient land in Israel.

Meeting the goal of whānau wellbeing

gāti Kahungunu heard firsthand through Körero Mai Whānau our own research into the impact of Oranga Tamariki in the lives of our tamariki, mokopuna and whānau, that sadly the system that was intended to protect our most vulnerable tamariki and whānau has, in some instances, let them down and caused further harm and hurt.

This harm and hurt has transcended through generations and has led to intergenerational trauma.

We are committed to helping to provide closure and to ensure that this never happens again.

The vision of Ngāti Kahungunu is to enhance the mana and well-being

of Ngāti Kahungunu. We believe that our tamariki are a taonga and we have a responsibility to protect and help our whānau lead enriching and rewarding lives where our tamariki and mokopuna thrive and are nurtured by their whānau

and protected by their whakapapa. Ngāti Kahungunu through its Te Ara Toiora team alongside the iwi partners Te Tumu Whakahaere o Te . Wero is working alongside Oranga Tamariki – Ministry for Children to develop Te Ara Mātua, a project to change and improve support and



care of our whānau in a culturally enhancing way that meets the needs and aspirations of whānau.

One key element of this change is early intervention to assist and guide whānau to navigate through the system and establish mana motuhake, the ability to manage their own well-being. We acknowledge Oranga Tamariki for the openness that they have

demonstrated through this process

and the spirit of partnership shown. Our moemoeā is that Te Ara Mātua will be a Kahungunu-led approach that will protect our tamariki and to help ensure that they grow to become the leaders of tomorrow.

To ensure the whānau voice continues to be at the centre of Te Ara Mātua, kaimahi are now preparing to engage with whānau for feedback.

It is particularly important to

reaffirm the aspirations and whakaaro of whānau in shaping this design to ensure it meets their future needs

If you are interested in this kaupapa and want to learn more or participate in the whānau engagement, come along to our Ngāti Kahungunu Waitangi Day Event and you'll find us there.
Furthermore, contact the iwi office

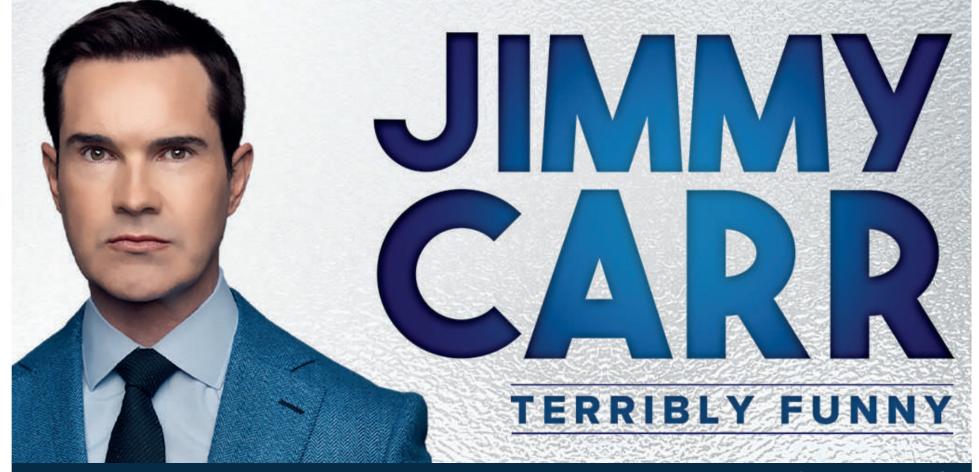
panui@kahungunu.iwi.nz.

Key Points

- In 2019, Ngāti Kahungunu Iwi incorporated (NKII) made a stance, "Not one more child" – meaning, not one more child would be taken into the Oranga Tamariki system without our intervention.
- NKII invited whānau to Kōrero Mai Whānau and share their stories or personal experiences with Oranga Tamariki and the wider system

Ngāti Kahungunu believe that our tamariki are a taonga and we have a responsibility to protect and help our whānau lead enriching and rewarding

- NKII listened to the undiluted voice of our whānau and took their concerns and recommendations to the heads of government agencies.
- NKII is working alongside Oranga Tamariki – Ministry for Children to develop Te Ara Mātua, a project to change and improve support and care of our whānau in a culturally enhancing way that meets the needs and aspirations of whānau.
- The criteria for early design stages derived from the Korero Mai Whānau, the undiluted voice of whānau.
- To ensure the whānau voice continues to be at the centre of Te Ara Mātua, kaimahi are now preparing to engage with whānau for feedback.
- It is important to reaffirm the aspirations and whakaaro of whanau in shaping this design to ensure it meets their future needs



FOURTH SHOW ADDED! TUES 31 JAN 9.30PM

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