

Health Wananga Suggestions board notes

Kahungunu Health Wānanga 20/11/25

- Culturally responsive training
- Community led education sessions
- How do we protect and provide for our people who choose to refrain from using WIFI (EMR) technologies
- How do we provide and protect our neurodiverse communities/Whānau?
- Educate our people on health kaupapa
- We need to explore ways to lower costs for whānau to attend
- Sponsoring more health kaupapa
- Toitu te Hauora
- Kawa whakaruru hau
- An even trickle down effect not top heavy.... Please 😊
- Social services/ whānau ora i roto i ngā kohanga reo
- More health providers in kura kaupapa
- Education around kai, diet, exercise
- Support our PACIFIC brothers and sisters
- Kōrero Māori
- Provide a premises where a collective of healthcare professionals can practice from. If our overheads are low, we can keep surcharges LOW
- Take charge. Marae, hapū, whānau, motu
- Have more tikanga/cultural involvement karakia etc
- If whānau can make informed choices – they will be able to self-advocate
- Education!
- NKII and TTOH working together!
- Wānanga across taiwhenua
- Involve te aho matua
- Help whānau to govern themselves
- Māori providers to promote services
- Free service for our kaumatua
- Rongoā to be at forefront then other services to follow
- Whānau advocates
- Mahinaarangi Hospital
- Whānau should be more anxiously engaged in their own health
- We need to be cheerleaders and encourage
- We need to help stay motivated
- Whakakotahi ai ngā Rangatahi e pa ana i te kaupapa, whai i o ratou kōrero whakaaro. Ko ratou te āpōpō
- Commit and start by starting
- Collaborative Kahungunu vision and path to achieve
- Backbone support to activate and deliver

- Allow our rangatahi to have voice at the tēpu
- More education and awareness around takiwatanga and proper support
- Possible research opportunities for our iwi to make a positive change in the health of our hapori
- Access for our disabled whānau
- Support for whānau who are helping whānau with Mental Health
- Having Māori health education tailored to suit different age groups
- Children and young persons and family services. OT No More
- Self-responsibility first
- Educate, empower whānau, self-care
- Whānau consultations
- Host regular Hauora workshops led by hapū navigators
- Need affordable initiatives
- Having operational kaimahi in steering/working groups
- What about a māori Womes healing centre
- Find kairangahau who have done research on the effects of wifi radiation and our inner and outer Taiao

SUGGESTIONS SUMMARY

Cultural & Spiritual Foundations

- **Culturally responsive training** for providers
- **Tikanga and karakia involvement** in health services
- **Rongoā Māori at the forefront**, supported by other services
- **Kōrero Māori** and te aho matua integration
- **Whānau ora in kōhanga reo and kura kaupapa**

Whānau-Centred Care

- **Education and empowerment:** health kaupapa, kai/diet/exercise, takiwatanga, tailored Māori health education by age group
 - **Whānau advocates and consultations** to strengthen self-advocacy
 - **Support for neurodiverse, disabled, and mental health whānau**
 - **Free services for kaumātua**
 - **Children and rangatahi focus:** OT reform, rangatahi voice at the tēpu, youth engagement as future leaders
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Accessibility & Affordability

- **Lowering costs for whānau to attend wānanga**
 - **Affordable initiatives** and reduced surcharges through shared premises for providers
 - **Sponsorship of health kaupapa** to ease financial barriers
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Collaboration & Governance

- **NKII and TTOH working together**
 - **Collaborative Kahungunu vision and backbone support**
 - **Operational kaimahi in steering/working groups**
 - **Whānau self-governance** and community-led education sessions
 - **Wānanga across taiwhenua** to spread benefits evenly (“not top heavy”)
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Infrastructure & Services

- **Premises for collective healthcare professionals** to reduce overheads
 - **Mahinaarangi Hospital** as a key service hub
 - **Possible Māori women’s healing centre**
 - **More Māori health providers in kura kaupapa**
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Innovation & Research

- **Research opportunities** for iwi to drive positive health change
 - **Investigating impacts of WIFI/EMR radiation** on taiao and whānau
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Motivation & Engagement

- **Encouragement and cheerleading** to keep whānau motivated
 - **Self-responsibility and self-care** as foundations
 - **Regular Hauora workshops led by hapū navigators**
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In summary: The strongest priorities are **cultural grounding (tikanga, rongoā, reo)**, **whānau-centred education and empowerment**, **affordable access to services**, and

collaborative governance. Infrastructure (hospital, healing centres, shared premises) and research (EMR, iwi-led studies) are also key enablers.